

Pick Up U

Count: 32

Wand: 4

Ebene: Improver

Choreograf/in: Edward Tam (MY) - May 2011

Musik: Pick Up U (Radio Edit) - E.via : (CD: Via Polar)



Intro: Start after 16 Counts. - Structure: Repeating with no tag, bridge or restart.

[1-8] Right Vine Look Left, Left Vine Look Right

- 1,2 Move right leg to the right, look left and move left leg behind right
- 3,4 Move right leg to the right, step left toe beside right leg
- 5,6 Move left leg to the left, look right and move right leg behind left
- 7,8 Move left leg to the left, Step right toe beside left leg

[9-16] 1/4 Right Turn, 1/2 Right Turn, 1/4 Right Turn, Side Switches, Flick Behind

- 1,2 1/4 right turn stepping right leg forward (facing 3.00), step left leg forward
- 3,4 1/2 right turn (facing 9.00), 1/4 right turn (facing 12.00)
- 5&6 Point right toe to right, close right to left, point left toe to left
- &7,8 Close left to right, point right toe to right, flick right foot back

[17-24] Pivot 1/2 Left Turn, Side Rock Left, Side Rock Right

- 1,2 Step right leg forward, Pivot 1/2 left turn stepping left leg forward (facing 6.00)
- 3,4 Cross right leg over left leg, rock left leg to the left,
- 5,6 Recover behind right leg, move right leg next to left leg,
- 7,8 Cross left leg over right leg, rock right leg to the right

[25-32] Jazz box, 1/4 Left Turn, Kick Ball Change

- 1,2 Cross right leg in front of left leg, move left leg back
- 3,4 Move right beside left leg, 1/4 turn left leg facing 9.00
- 5&6 Move left leg forward, move right leg behind left, move left leg forward
- 7,8 Kick right leg forward, step right leg to the right

Repeat until the end of dance with no tag.

Have Fun & Enjoy the Dance!
