

# Rolling In The Deep

Count: 32

Wand: 4

Ebene: Easy Intermediate

Choreograf/in: Terry Pournelle (USA) - May 2011

Musik: Rolling in the Deep - Adele



## Intro 8 counts

### WALK RIGHT, LEFT, ANCHOR STEP, LEFT COASTER, BRUSH HITCH CROSS

- 1-2 Step right forward, step left forward
- 3&4 Step right slightly behind left, step left in place, step right slightly behind left and slightly sideways
- 5&6 Step left back (squaring up to front wall), step right back, step left forward
- 7&8 Brush right foot, hitch right knee, cross right over left (weight on right)

### COASTER, POINT & POINT, HEEL & HEEL, ROCK RECOVER

- 1&2 Step left back, step right back, step left forward
- 3&4& Touch right toes to right side, step right together, touch left toes to left side, step left together
- 5&6& Touch right heel forward, step right together, touch left heel forward, step left together
- 7-8 Rock right forward, recover left

### LOCK STEP BACK, TOUCH UNWIND, SCISSORS RIGHT & LEFT

- 1&2 Step right back, lock left in front of right, step right back
- 3-4 Touch left toe behind right heel, unwind  $\frac{3}{4}$  turn (3:00) (weight on left)
- 5&6 Step right to right, step left next to right, cross right over left
- 7&8 Step left to left, step right next to left, cross left over right

### ROCK RECOVER, FULL TURN TRIPLE IN PLACE, ROCK RECOVER, BACK, BACK, TURNING $\frac{1}{2}$ STEP FORWARD

- 1-2 Right rock forward, recover left
- 3&4 Triple in place turning a full turn right, stepping right, left, right

#### Variation for 3&4: Coaster step

- 5-6 Left rock forward, recover right
- 7&8 Step back left, step back right, turn  $\frac{1}{2}$  turn left stepping forward left (9:00)

## REPEAT AND ENJOY!

**\*\*Special thanks to the Carolina Girls for their support and suggestions and to Barbara Gehlmann for the song recommendation!**