Rolling In The Deep



Count: 32 Wand: 4 Ebene: Easy Intermediate

Choreograf/in: Terry Pournelle (USA) - May 2011

Musik: Rolling in the Deep - Adele



Intro 8 counts

WALK RIGHT, LEFT, ANCHOR STEP, LEFT COASTER, BRUSH HITCH CROSS

1-2 Step right forward, step left forward

3&4 Step right slightly behind left, step left in place, step right slightly behind left and slightly

sideways

Step left back (squaring up to front wall), step right back, step left forward Brush right foot, hitch right knee, cross right over left (weight on right)

COASTER, POINT & POINT, HEEL & HEEL, ROCK RECOVER

1&2 Step left back, step right back, step left forward

3&4& Touch right toes to right side, step right together, touch left toes to left side, step left together

5&6& Touch right heel forward, step right together, touch left heel forward, step left together

7-8 Rock right forward, recover left

LOCK STEP BACK, TOUCH UNWIND, SCISSORS RIGHT & LEFT

1&2 Step right back, lock left in front of right, step right back

3-4 Touch left toe behind right heel, unwind ¾ turn (3:00) (weight on left)

5&6 Step right to right, step left next to right, cross right over left 7&8 Step left to left, step right next to left, cross left over right

ROCK RECOVER, FULL TURN TRIPLE IN PLACE, ROCK RECOVER, BACK, BACK, TURNING ½ STEP FORWARD

1-2 Right rock forward, recover left

3&4 Triple in place turning a full turn right, stepping right, left, right

Variation for 3&4: Coaster step

5-6 Left rock forward, recover right

7&8 Step back left, step back right, turn ½ turn left stepping forward left (9:00)

REPEAT AND ENJOY!

**Special thanks to the Carolina Girls for their support and suggestions and to Barbara Gehlmann for the song recommendation!