

I Can Feel It

Count: 32

Wand: 2

Ebene: Ultra Beginner

Choreograf/in: Irene Tang (HK) - June 2011

Musik: I Can Feel It - Sean Kingston



Count In: After 16 counts (approx. 11 sec), start dancing on lyrics

SEC 1: SIDE, CLOSE, SIDE, 1/4 L, SIDE, CLOSE, SIDE, HOLD

1 – 4 Step R to R, close L to R, side R to R, 1/4 L on R
5 – 8 Step L to L, close R to L, side L to L, hold

SEC 2: STEP, LOCK, STEP, 1/4 L, STEP, LOCK, STEP, HOLD

1 – 4 Step R fwd, lock L behind R, step R fwd, 1/4 L on R
5 – 8 Step L fwd, lock R behind L, step L fwd, hold

SEC 3: CROSS, POINT, CROSS, POINT, BEHIND, POINT, BEHIND, POINT

1 – 2 Cross R over L, point L to side, cross L over R, point R to side
5 – 8 Cross R behind L, point L to side, cross L behind R, point R to side

SEC 4: JAZZ BOX, HIP BUMPS

1 – 4 Cross R over L, step back on L, step R to side, cross L over R
5&6 Step R to side with hip bumping RLR
7&8 Bump hips LRL, weight end on L

Notes: I use this choreography as the first dance of my introductory course for ultra beginners