

# What A Life!

Count: 64

Wand: 2

Ebene: Advanced

Choreograf/in: Alan Birchall (UK) - November 2011

Musik: AKA...What a Life! - Noel Gallagher's High Flying Birds

oder: I Won't Let You Go - James Morrison



**Start: On Lyrics (For James Morrison Start: After First Verse 28 Seconds)**

**Seconds: 20 - Count: 16 From Start Of Beat - (BPM:120)**

## **SAILOR STEP, BEHIND, UNWIND, SWAY, RECOVER, CROSS SHUFFLE**

- 1&2 Cross Right Behind Left, Step Left To Left, Step Right To Right
- 3-4 Cross Left Behind Right, Unwind Full Turn Left Alt: Hold 12 o' Clock
- 5-6 Sway Out To Right, Recover On Left
- 7&8 Cross Right Over Left, Step Left To Left, Right Over Left

## **SIDE TOGETHER, SIDE, TOGETHER, FORWARD, ROCK, RECOVER, ¾ TURN**

- 9-10 Step Left To Left, Right By Left
- 11&12 Step Left To Left, Right By Left, Step Forward On Left
- 13-14 Rock Forward On Right, Recover On Left
- 15-16 Making ½ Turn Right Step Forward On Right, Making ¼ Turn Right Step Left To Left 9 o' Clock

## **RIGHT & LEFT HEEL JACKS, ROCK, RECOVER, BACK LOCK STEP**

- 17&18 Step Right Behind Left, Step Left To Left, Extend Right Heel
- &19&20 Step On To Right, Cross Left Over Right, Step Right To Right, Extend Left Heel
- &21-22 Step On To Left. Rock Forward On Right, Recover On Left
- 23&24 Step Back On Right, Lock Left Over Right, Step Back On Right

## **TOUCH, UNWIND, STEP, ½ PIVOT, STEP ½ TURN ¾ TRIPLE TURN**

- 25-26 Touch Left Toe Back, Unwind ½ Turn Left (Weight On Left) 3 o' Clock
- 27-28 Step Forward On Right, ½ Pivot Left 9 o' Clock
- 29-30 Step Forward On Right, ½ Turn Right Stepping Back On Left 3 o' Clock
- 31&32 ¾ Triple Turn Right Stepping Right, Left, Right

**Alt: Right Coaster Step 12 o' Clock**

## **CROSS PRESS, RECOVER, SIDE CHASSE. CROSS PRESS, RECOVER, CHASSE ¼ TURN**

- 33-34 Cross Press Left Over Right, Recover On Right
- 35&36 Step Left To Left, Right By Left, Step Left To Left
- 37-38 Cross Press Right Over Left, Recover On Left
- 39&40 Step Right To Right, Left by Right, Making ¼ Turn Right, Step Right To Right 3 o' Clock

## **STEP, FULL TURN, STEP, LEFT SHUFFLE, ROCK, RECOVER, COASTER STEP**

- 41-42 Step Forward On Left, On The Ball Of Left Foot Make Full Turn Right Step Forward On Right
- Alt: Walk Forward**
- 43&44 Step Forward On Left, Step Right By Left, Step Forward On Left
  - 45-46 Rock Forward On Right, Recover On Left
  - 47& 48 Step Back On Right, Left By Right, Step Forward On Right

## **¼ SWAY, RECOVER, CROSS SHUFFLE, MODIFIED MONTEREY TURN, SWAY, RECOVER**

- 49-50 Making ¼ Turn Right Sway Left To Left, Recover On Right 6 o' Clock
- 51&52 Cross Left Over Right, Step Right To Right, Cross Left Over Right
- 53-54 Point Right To Right, Full Turn Right Stepping Right By Left

**Alt: Hold, & Step Right By Left 6 o' Clock**

55-56                Sway Left To Left, Recover On Right

**CROSS, BACK, SIDE, CROSS, MODIFIED MONTEREY TURN, SWAY, RECOVER**

57-58                Cross Left Over Right, Step Back On Right

59-60                Step Left To Left, Cross Right Over Left

61-62                Point Left To Left, Full Turn Left Stepping Left By Right

**Alt: Hold, & Step Left By Right 6 o' Clock**

63-64                Sway Right To Right Recover On Left

**START AGAIN**

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