American Poppin'



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Carolyn Robinson (USA) - March 2011

Musik: Shake Your Groove Thing - Peaches & Herb



More Music:

"Play That Funky Music," Wild Cherry "Round & Round," Selena Gomez "Rolling in the Deep," Adele

Begin dance 32 counts after the song begins; you'll hear the heavy beat kick in and you'll feel like walking!

WALK FORWARD R-L-R, SIDE POINT L; WALK BACK L-R-L, SIDE POINT R

1,2,3 Walk forward on R, L, R
4 Point Left to L side
5,6,7 Walk back on L, R, L
8 Point Right to R side

VINE RIGHT W/CLAP; VINE LEFT W/CLAP

1,2,3,4 Side step R, Step L behind R, Side step R, Touch L beside R & clap 5,6,7,8 Side step L, Step R behind L, Side step L, Touch R beside L & clap

BUMP R HIP HIGH & LOW, HIGH & LOW; BUMP L HIP HIGH & LOW, HIGH & LOW

Bump R hip (to R) high, Bump L, Bump R hip (to R) low
Bump R hip (to R) high, Bump L, Bump R hip (to R) low

&5&6 Bring your body upright w/weight on R and Bump L hip (to L) high, Bump R, Bump L hip (to

L) low

7&8& Bump L hip (to L) high, Bump R, Bump L hip (to L) low, Bring your body upright w/weight on L Note: Pretend you are closing dresser drawers with your hips; bump the 1st drawer closed (bump high); bump the 3rd drawer closed (bump low).

MONTEREY TURN ¼ R X 2

1,2 Side Point R, Pivot ¼ turn R and step on R (3:00)

3,4 Side Point L, Step L beside R

5,6 Side Point R, Pivot ¼ turn R and step on R (6:00)

7.8 Side Point L, Step L beside R

Begin again!!

TAG: This tag is used for the "Shake Your Groove Thing" music only! Dance the dance twice. Then do this tag for 4 counts. STEP TOUCHES X2

1,2 Step R to diagonal, Touch L beside R3,4 Step L to diagonal, Touch R beside L

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