Count: 32
Wand: 4
Ebene: Beginner
Choreograf/in: Ria Vos (NL) - November 2011
Musik: Seven Lonely Days - Bouke


Alt. Music: Go by The Refreshments, CD: Rarities (fast)
Intro for Bouke - $\mathbf{2 4}$ counts; [Intro for The Refreshments - $\mathbf{3 2}$ counts]
R Heel Grind, Fwd, Coaster Step, L Rock Fwd, Shuffle $1 / 2$ Turn L
1-2 Grind $R$ heel Fwd, Recover on $L$
3\&4 Step Back on Ro, Step L next to R, step Fwd on R
5-6 Rock Fwd on L, Recover on R
7\&8 Shuffle $1 / 2$ Turn Left Stepping L, R, L (6:00)
R Heel Grind Fwd, Coaster Step, Point Fwd, Point Side, \& Side Point, Hitch
1-2 Grind R Heel Fwd, Recover on L
3\&4 Step back on R, Step L next to R, step Fwd on R
5-6 L Point Fwd, L Point to Left Side
\&7-8 Step L next to R, Point R to Right Side, Hitch R
Chasse R, Rock Back, Side, Hold/Clap \& Side, Hold/Clap
1\&2 Step R to Right Side, Step L next to R, Step R to Right Side
3-4 Rock Back on L, Recover on R
5-6 Step L to Left side, Hold/Clap
\&7-8 Step R next to L, Step L to Left side, Hold/Clap
Jazz Box $1 / 4$ Turn R, Point, Step Fwd, Point, Step Fwd
1-2 Cross R over L, Step back on L $1 / 4$ Turn Right (9:00)
3-4 Step R to Right side, Cross L over R
5-6 Point $R$ to Right Side, Step Fwd on R
7-8 $\quad$ Point $L$ to Left Side, Step Fwd on L

