Count: 64
Wand: 4
Ebene: Beginner
Choreograf/in: Sue Hutchison (UK) - January 2012
Musik: No Smoke - Michelle Lawson


Intro - 32 counts from heavy beat (23 secs)

## Section 1: R \& L DIAGONAL STEP TOGETHER STEP TOUCH

1-4 facing $R$ diagonal step fwd $R$, close $L$ beside $R$, step fwd $R$, tch $L$ beside $R$
5-8 facing $L$ diagonal step fwd $L$, close $R$ beside $L$, step fwd $L$, tch $R$ beside $L$

## Section 2: BACKWARDS SWEEPS X 3, BACK ROCK RECOVER

1-4 sweep $R$ leg out, step $R$ behind $L$, sweep $L$ leg out, step $L$ behind $R$
5-8 sweep $R$ leg out, step $R$ behind $L$, rock back onto $L$, recover weight fwd onto $R$
Section 3: L \& R DIAGONAL STEP TOGETHER STEP TOUCH X2
1-4 facing $L$ diagonal step fwd $L$, close $R$ beside $L$, step fwd $L$, tch $R$ beside $L$
$5-8 \quad$ facing $R$ diagonal step fwd $R$, close $L$ beside $R$, step fwd $R$, tch $L$ beside $R$

Section 4: BACKWARDS SWEEPS X 3, BACK ROCK RECOVER
1-4 sweep $L$ leg out, step $L$ behind $R$, sweep $R$ leg out, step $R$ behind $L$
5-8 sweep $L$ leg out, step $L$ behind $R$, rock back onto $R$, recover weight fwd onto $L$
Section 5: TOE STRUT JAZZ BOX ¼ TURN R
1-4
cross $R$ toe over $L$, bring $R$ heel down, making $1 / 4$ turn $R$ step $L$ toe back, bring $L$ toe down
5-8 step $R$ toe to $R$ side, bring $R$ heel down, step $L$ toe in place, bring $L$ heel down
Section 6: SIDE TOUCHES X 2, HIP BUMPS X 4
1-4
step $R$ to $R$ side, tch $L$ beside $R$, step $L$ to $L$ side, tch $R$ beside $L$
5-8 bump hips R, L, R, L
Section 7: TOE STRUT JAZZ BOX $1 / 4$ TURN R
1-8
repeat section 5 as above
Section 8: SIDE TOE POINTS, MONTEREY $1 / 4$ R
1-4 tch $R$ toe to $R$ side, step $R$ in place, tch $L$ toe to $L$ side, step $L$ in place
5-6 tch $R$ toe to $R$ side, swivelling on $L$ foot make $1 / 4$ turn $R$ \& step $R$ in place
7-8 tch $L$ toe to $L$ side, step $L$ in place

