# Now And At The Hour

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|---|---|---|
| **Count:** 64 | **Wand:** 4 | **Ebene:** Improver |

**Choreograf/in:** Roly Ansano (USA) - March 2012

**Musik:** The Prayer - Ann Tayler & Lars Hansen : (Album: Let Your Momma Go)

Intro: 36 counts from first drumbeat, at the word 'round'

### SEC 1: SIDE-TOGETHER-SIDE, ROCK-RECOVER-SIDE
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|---|---|
| 1-4 | Step R to side, step L together, step R to side, hold |
| 5-8 | Rock L back, recover to R, step L to side, hold |

### SEC 2: ROCK-RECOVER-SIDE, SIDE TOGETHER-SIDE
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|---|---|
| 1-4 | Rock R back, recover to L, step R to side, hold |
| 5-8 | Step L to side, step R together, step L to side, hold |

### SEC 3: STEP-TURN-CROSS, ROCK-RECOVER-CROSS
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|---|---|
| 1-4 | Step R forward, pivot 1/4 left, cross R over L, hold |
| 5-8 | Rock L to side, recover to R, cross L over R, hold |

### SEC 4: HIP ROLLS
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| 1-4 | Step R to side & roll hips right-left-right, touch L to side |
| 5-8 | Step L to side & roll hips left-right-left, touch R to side |

### SEC 5: SIDE-TOGETHER-SIDE, POINT-POINT-SLIDE
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|---|---|
| 1-2 | Turn 1/4 right & step R to side, step L together |
| 3-4 | Step R to side, touch L together |
| 5-6 | Touch L to side, touch L together |
| 7-8 | Slide L to side, drag/touch R together |

### SEC 6: FOUR-COUNT HOLD, POINT-POINT-SLIDE
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| 1-4 | Holding foot position, knock chest with fingertips thrice, hold |
| 5-6 | Touch R to side, touch R together |
| 7-8 | Slide R to side, drag/touch L together |

### SEC 7: STEP-TURN-CROSS, HIP SWAYS
| | |
|---|---|
| 1-4 | Step L forward, pivot 1/4 right, cross L over R, hold |
| 5-8 | Step R to side & sway hips right-left-right, hold |

### SEC 8: ROCK-RECOVER-SIDE, ROCK-RECOVER-HOLD
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|---|---|
| 1-4 | Rock L back, recover to R, step L to side, hold |
| 5-8 | Rock R back, recover to L, touch R next to L, hold |

REPEAT

Bridge / TAG: On Wall 3 dance to end of Sec 7. Add
| | |
|---|---|
| 1-4 | Rock L back, recover to R, step L to side, hold |
| 5-8 | Rock R back, recover to L, step R to side, hold |

Then continue with Sec 8:

ENDING: On Wall 6 dance to end of Sec 7. Add
| | |
|---|---|
| 1-4 | Turn 1/4 left & rock L back, recover to R, step L forward, hold |
| 5-8 | Step R forward, pivot 1/4 left, cross R over L, hold |
| 9-12 | Rock L to side, recover to R, cross L over R, hold |