# That's Alright Mama

**Count:** 40

Ebene: Improver

Choreograf/in: Mal Jones (UK) - May 2012

Musik: That's Alright Mama - Alan Gregory

Music available as free download at: www. alangregory.me.uk

# FORWARD MAMBO, BACK LOCK STEP, BACK MAMBO, FORWARD LOCK STEP.

- 1 & 2 Rock forward on right. Recover on Left. Step Right beside Left.
- 3 & 4 Step back on Left. Cross Right over Left. Step back on Left.
- 5 & 6 Rock back on Right. Recover on Left. Step forward on Right.
- 7 & 8 Step forward on Left. Cross right behind left. Step forward on left.

# STEP ¼, CROSS SHUFFLE, FORWARD ROCK, ¼ COASTER TURN.

- 1, 2 Step forward on Right. Pivot ¼ turn Left.
- 3 & 4 Cross Right over Left. Step Left to Left side. Cross Right over Left.
- 5, 6 Rock forward on Left. Recover on Right.
- 7 & 8 Sweep Left foot from front to back making ¼ turn Left step back on Left. Step back on Right. Step forward on Left.

#### SIDE TOGETHER FORWARD, SHUFFLE FORWARD, ROCK RECOVER, RIGHT ½ SHUFFLE.

- 1 & 2 Step Right to Right side. Step Left next to Right. Step forward Right.
- 3 & 4 Step forward on Left. Step Right next to Left. Step forward on Left.
- 5, 6 Rock forward on Right. Recover on Left.
- 7 & 8 Right shuffle making 1/2 turn Right stepping Right. Left. Right .

# TOE HEEL STEP, SHUFFLE FORWARD, ROCK RECOVER, LEFT ½ SHUFFLE.

- 1 & 2 Touch toes of Left foot, with toes turned in towards right instep . Touch heel of Left foot forward. Step and place left foot forward.
- 3 & 4 Right shuffle forward stepping. Right. Left. Right.
- 5, 6 Rock forward on Left. Recover on Right.
- 7 & 8 Left shuffle making <sup>1</sup>/<sub>2</sub> turn Left stepping Left. Right. Left.

# SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, BEHIND SIDE STEP.

- 1, 2 Side rock on Right. Recover on Left.
- 3 & 4 Cross right over Left. Step Left to Left side. Cross Right foot over Left.
- 5, 6 Side rock on Left. Recover on Right.
- 7 & 8 Cross Left behind Right. Step Right to Right side. Step forward on Left.





Wand: 2