Count: 32
Wand: 4
Ebene: Easy Intermediate
Choreograf/in: Justine Brown (UK) - June 2012
Musik: Life Keeps Bringin' Me Down - Alan Jackson : (Album:30 Miles West)


Introduction: 36 count intro, start on vocal
Tap, Tap, Tap, Ball Change, Walk, Walk, Walk, Hitch Turn .
1-2 Tap Right Foot Forward, Tap Right Foot to Right Side.
3 \& $4 \quad$ Tap Right Foot Back, Step Back on Ball of Right Foot, Step Left Forward.
5-6 Walk Forward on Right, Walk Forward on Left.
7-8 Walk Forward on Right, Hitch Left whilst turning $1 / 2$ Over Left shoulder.

Back Rock, Recover, Left Shuffle, Cross, Point, Cross, Point.
1-2 Left Rock Back, Recover Forward onto Right.
3-4 Step Left Forward, Step Right beside Left, Step Left Forward.
5-6 Cross Right over Left, Point Left to Left Side.
7-8 Cross Left over Right, Point Right to Right Side.
Jazz Box $1 / 4$ Turn, Hitch, Step, Hitch $1 / 2$ Turn, Step, Hitch $1 / 2$ Turn.
1-2 Cross Right over Left, $1 / 4$ Turn Right stepping Left Back.
3-4 Step Right Side, Hitch Left \& Clap.
5-6 Step Back on Left, Turn $1 \not 2$ over Right while Hitching Right \& Clap.
7-8 Step Right Forward, Turn $1 / 2$ over Right while Hitching Left \& Clap.
Step, Pivot $1 / 4$ Turn, Cross, Hold, $3 / 4$ Rolling Turn Left
1-2 Step Left Forward, Pivot $1 / 4$ Right.
3-4 Cross Left over Right, Hold
5-6 $\quad 1 / 4$ turn Left stepping Right foot back, $1 / 2$ Turn Left stepping Left foot Forward.
7-8 Step Right Forward, Step Left Forward.

The Restarts:-
During Wall 3 - Dance up to count 19 (Jazz box turn) Replace Hitch (Ct20) with a Step Forward then Restart facing 3:00
During Wall 8 - Dance up to count 4 (tap, tap, tap, ball change) then Restart - facing 12:00
During Wall 11 - Dance up to count 4 (tap, tap, tap, ball change) then Restart - facing 9:00
Each restart falls after a short instrumental break... Trust me... 'You'll Feel it'
Just a note: Thanks to The Facebook Community for your dance title ideas.
And my special friends who bought this brilliant Album for me.
Contact: www.justinebrown.co.u k

