Painted Heart



Count: 64 Wand: 2 Ebene: Phrased Improver

Choreograf/in: Danping Chen (CN) - July 2012

Musik: Hua Xin (畫心) - Jane Zhang (張靚穎)



Dance Sequence: AAA ,Tag1(16),AAABB,Tag2(6),AAA,End(8) The music is the theme song of the Chinese film, Painted Skin.

Intro: start the dance at the vocals after 31 counts(26sec).

A: PATTERN - 32 counts

WALK, WALK, ROKING CHAIR STEP, BACK, SWEEP, SWEEP, BACK, SIDE, CROSS

1-2 Walk forward on left, Walk forward on right

3&4 Rock forward on left, Recover onto right, Rock back on left

&5-6 Step back on right, Sweep left from front to back and step back left, Sweep right from front to

back (to make a figure of the lover's heart)

7&8 Step back on right, step left to side, Cross right over left (face 11:00)

SIDE, BEHIND, RECOVER, 1/4 TURN AND SIDE, BEHIND, RECOVER, SIDE, SWAY, PIVOT 5/4 TURN

9-10& Step left to left side, cross right behind left, Recover onto left

11-12& Turn 1/4 left and step right to side, cross left behind right, Recover onto right(9:00)

13-14 Step left to side(sway left), step right to side(sway right)

15&16& Pivot 1/4 turn left and step left forward, Pivot 1/4 turn left and step right forward, Pivot 3/4 turn

left and sweep left next to right, step right together. (facing 6:00)

(Option:15&16& Pivot 1/4 turn left stepping forward on left,step forward right , step forward left ,step right together)

FORWARD MAMBO, BACK, RECOVER., STEP, SWEEP TURN 3/4 RIGHT, TOGETHER, SIDE MAMBO

17-18& Step forward left, Recover onto right, step left together

19-20 Step back on right, Recover onto left

&21-22 Step forward on right, pivot 3/4 turn right sweeping left, step left together. (faceing 3:00)

23&24 Step right to side, Recover onto left, step right together

TURN 1/8 R LOCK SHUFFLE, TURN3/8 L LOCK SHUFFLE, STEP, TURN1/2 R, STEP, STEP

Turn 1/8 right stepping forward on left(4:30),lock right behind left, step forward on left.

Turn 3/8 left stepping forward on right (12:00),lock left behind right, step forward on right.

29-30 Step forward on left, turn 1/2 right, Recover weight onto right(6:00)

31-32 Walk forward left ,right

B: PATTERN - 32 counts

WALK, WALK, 1/8TURN SLIDE AND BEND KNEE, BACK, POINT BACK, STEP, POINT FORWARD

1-2 Walk forward left, right

3-4 Turn 1/8 right and bend right knee,(1:30)skating-slide forward with left toe slowly.

5-6 Step back left,point back right7-8 Step forward ,point forward left.

1/8 TURN STEP,1/2TURN FLICK,STEP,STEP,,STEP,1/2TURN FLICK,WALK,WALK

9-10 Turn 1/8 left stepping forward left,(12:00)turn 1/2 left flick right

11-12 Step forward right ,left(6:00)

13-14 Step forward right, turn 1/2 right flick left

15-16 Step forward left ,right (12:00)

(Option:10 and 14, 1/2 turn touch one toe next to another foot)

CROSS, TOUCH SIDE(4×)

17-18	Cross left over right, touch right to side
19-20	Cross right over left, touch left to side
21-22	Cross left over right, touch right to side
23-24	Cross right over left, touch left to side

TOGETHER, HANDS UP, POINT CROSS, 1/2TURN TOGETHER, HANDS DROP.

25-28 Step left together, open up both hands

29-32 Point right cross left, Turn 1/2 left step left together, Drop both hands slowly. (6:00)

Tag 1:16c tag after A pattern wall3. CHAIR STEP, SIDE, SWAY(4×)

1-2 Rock forward on left, Recover onto right,3-4 Rock back on left, Recover onto right

5-6 Step left to left as shoulder width, swaying left, right

7-8 Sway left, right 9-16 repeat 1- 8

Tag 2:6c tag after B pattern wall2. OPEN UP BOTH HANDS,LOOK UP

END:WALK, WALK, 1/2 TURN, HOLD.

1-2 Walk forward left, right

3-4 Turn 1/2 right sweep left, close left beside right

5-6 Hold

Please refer to the video for details of arms movement.