La One Step (P)



Count: 6 Wand: 0 Ebene: Beginner Partner

Choreograf/in: Unknown - August 2012

Musik: She's Got The Rhythm - Alan Jackson



Alt. music:-

Young Love by Twister Alley Jesse James by Cher

Start: On vocals

Position: Basic two-step position and hands, Slightly Open, Man facing diagonal OLOD and slight LOD, Lady

facing Diagonal ILOD, slightly LOD.

Footwork is opposite

1-2 MAN: Step diagonal back to ILOD/RLOD on left, rock forward

1-2 LADY on right: Step diagonal forward to ILOD/RLOD on right, rock back

** Lady turns toward Man and steps right slightly past outside of Man's right foot

3-4 MAN: Step left down LOD beginning turn towards RLOD, cross

3-4 LADY step right in back of left to end facing RLOD : Step right down LOD beginning turn

towards LOD, cross

** Lady turns toward Man, steps left slightly past outside of Mans left foot

5-6 MAN: Step left down LOD beginning turn towards OLOD, rock back on right towards RLOD

finishing turn to face

5-6 LADY OLOD/LOD: Step right down LOD beginning turn towards ILOD, rock forward on left

towards RLOD finishing turn to face ILOD/LOD

REPEAT