Just Beat It



Count: 96 Wand: 1 Ebene: Phrased Advanced - Pop

Choreograf/in: Sobrielo Philip Gene (SG) - September 2012

Musik: Beat It - Michael Jackson: (Album: Thriller)



Sequence: AB Tag, ABB, AABBBB

Note: Part B is taken from video, look at video for hand movements and styling

INTRO: 64 counts

PART A - 64 counts

[1-8] JUMP, SHOULDER POPS, CROSS ½ TURN, HANDS.

1 Jump back with feet apart

2-3 Pop right shoulder up(2), pop left shoulder up(3) &4 Step right beside left(&) cross left over right(4)

5-6 Turn ½ turn right (weight on both feet)(5) Clap hands above head(6),

7&8 Bring hands to right shoulder(7), bring hands up behind head(&), bring hands to left shoulder

ON COUNT 5 Throw both hands to respective sides

[9-16] HIP ROLL, CROSS STEP, CROSS, ½ TURN

1-4 Roll hip anti clockwise 4 counts (1-4) placing weight onto left)

&5-6 Step right beside left (&), cross left over right (5) step right to right (6)

&7-8 Step left beside right (&), cross right over left (7) turn ½ turn left(8) (weight on right)

On counts 1-4 Place hands above head moving anti clockwise, bring hands down on 4

[17-24] STEP HITCH, KICK OUT OUT, LOOK LEFT, HEEL BOUNCES

1-2 Step left forward(1), hitch right (2)

3&4 Kick right forward(3), step right to right (&), step left to left (4) (feet apart)

5 Look left

6-8 Slowly turn head to face front whilst bouncing right heel for these three counts

[25-32] FORWARD ROCK SIDE, FORWARD ROCK SIDE, ROLLING VINE RIGHT

1&2	Rock forward right (1), recover weight onto left (&), step right to right (2)
3&4	Rock left forward (3), recover weight onto right(&), step left to left (4)
5-6	Making ¼ right step right forward(5), making ½ turn right step left back (6)
7-8	Making ¼ right step right to right (7), step left beside right (8) (weight on left)

[33-40] DIAGONALLY BACK DRAG RIGHT STEP, SIDE ROCK CROSS, DIAGONALLY BACK DRAG LEFT STEP, SIDE ROCK CROSS

1-2 Take big step right diagonally right back (dragging left towards right)(1), step left beside

right(2)

3&4 Rock right to right (3), recover onto left (&), cross right over left (4)

5-6 Take big step left diagonally left back (dragging right towards left) (5), step right beside left(6)

7&8 Rock left to left (7), recover onto right (&), cross left over right (8)

Hands: On counts 1-2 bring LEFT hand up at chest level with palm facing forward showing a Stop sign On counts 5-6 bring RIGHT hand up at chest level with palm facing forward showing a Stop sign

[41-48] STEP TOUCH RIGHT, STEP TOUCH LEFT, 1/4 TURN PADDLE-STOMPS

1-2 Step right to right (1), touch left beside right (2) 3-4 Step left to left (3), touch right beside left (4)

5-6 Stomp right slightly to right (5), stomp right slight to right making 1/8 turn left (6)

7-8 Stomp right slight to right making 1/8 turn left (7) Stomp right slightly to right (8) (9.00)

Note: On counts 5-8 weight will always be on left when making the paddle turns

Hands: On counts 1 and 3 Bring hands up above head and snap fingers

On counts 2 and 4 Bring hands down at respective sides and snap fingers

[49-56] JUMP, TWIST, CHEST PUMPS, STEP LOCK STEP, PIVOT ½ TURN

Step Slightly to right (&), step left to left (1) (feet apart)

Twist feet 1/8 to left (2) (Body facing diagonally left)

3&4 Bring/pump chest out (3), bring/pump chest in (&) bring/pump chest out

5-6& Making 1/8 left step left forward (5), lock right behind left (6), step left forward (&) (6.00)

7-8 Step right forward (7), making ½ left transfer weight on to left (8) (12.00)

Hands: On counts 3&4 place both hands on chest

157-641 MAMBO STEP, KICK OUT OUT, HAND SWINGS

Rock right to right (1), recover weight onto left(&), step right beside left (2)

Kick left forward (3), step left slightly to left (&), step right to right (4) (Feet apart)

5 Swing right hand front across body and left hand to the back (5) 6 Swing left hand front across body and right hand to the back (6)

7 Bring hands out to respective sides (7)
& Swing hands into a circle towards body (&)
8 Bring hands down to respective sides (8)

PART B (BEAT IT video) 32 counts

[1-8] TOE STRUTS MOVING FORWARD (FINGER SNAPS)

Touch right forward (1), bring right down (2)
Touch left forward (3), bring left down (4)
Touch right forward (5), bring right down (6)
Touch left beside right (7), bring left down (8)

Note: When doing counts 1-8 snap fingers on counts 2,4,6,8

[9-16] HAND MOVEMENTS, TOE SWITCHES WITH HANDS, SIDE STEP, SIDE STEP

1-2 Bring right hand up above head (1), Bring right hand down and Bring Left hand up above head (2)

NOTE: Counts 1-2 are just the hands

Point right to right (3) step right beside left (&), point left to left (4)

Hands: 3 - Bring Left hand down to left side and Bring right hand up above head

4 - Bring right hand down to right side and Bring Left hand up above head

\$5-6 step left beside right (&) point right to right (5), Step right down (6),

Hands: 5 - Bring hands out to grab something on your LEFT

6 - bring hands down to respective sides

&7-8 Step left beside (&), point right to right (7,) Step right down(8) (weight on right)

7 - Bring hands out to grab something on your LEFT

8 - bring hands down to respective sides

[17-24] BALL CROSS, HAND, UNWIND, LOOK BACK, LOOK FORWARD HOLD

&1-2 Step left beside right (&), cross right over left (1), spread hands out to respective sides with palms facing down(2)

3-4 Unwind full turn left (3-4) (weight ends on left on count 4)

5-6 Look back to the right (5), look forward, shift weight onto left (6)

7-8 Hold for 2 counts (7-8)

[25-32] HEELS UP HEELS DOWN, HIP BUMPS SNAPPING FINGERS

1-2 Stepping right to right, come up onto your toes, bringing arms up at the sides(1), put down

heels, bringing arms straight down(2)

3-4 Come up onto your toes, bringing arms up at the sides(3), put down heels, bringing arms

straight down(4)

5-8 Bump hips to the right 4 times, keeping weight on left

Hands: 5,6,7,8 Snap fingers moving slightly to the right

TAG (16 counts)

[1-8] DIAGONAL STEP LOCK STEP, SIDE TOUCH (4X)

1-2& Step right diagonally forward to right(1), lock left behind right(2), step right diagonally forward

to right(&)

3-4 Step left to left(3), touch right beside left(4)

5-6& Step right diagonally forward to right(5), lock left behind right(6), step right diagonally forward

to right(&)

7-8 Step left to left(7), touch right beside left(8)

(Repeat the above 8 counts)

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