## **Be Champions**

**Count: 32** 

&

4

Ebene: Improver

Choreograf/in: Justine Brown (UK) - September 2012

32 Count Intro, count first 16, - Start Dance On Vocal

Musik: Hall of Fame (feat. will.i.am) - The Script

## Section 1: Mambo Rock - Triple 1/2 Turn - Step 1/4 - Weave Right Left Rock Forward, Recover Onto Right, Step Left Back. 1&2 3&4 Turn <sup>1</sup>/<sub>2</sub> Right – Stepping (Right-Left-Right) 5&6 Step Left Forward, Pivot ¼ Right, Cross Left Over Right & 7 & 8 Step Right To Right Side, Step Left Behind Right, Step Right To Right Side, Cross Left Over Right Recover The Weight Back On The Right Foot Section 2: Night Club Basic - Side - Behind - ¼ Left - Step Forward - Pivot ½ - Step Forward 1 - 2 &Long Side Step Left, Rock Right Behind Left, Recover Weight Onto Left 3 - 4 &Long Side Step To Right, Rock Left Behind Right, Recover Weight Onto Right 5&6 Step Left To Left Side, Cross Right Behind, Turn 1/4 Stepping Left Forward 7 & 8 Step Right Forward, Pivot 1/2 Left, Step Right Forward Section 3: Walk - Walk - Scuff Hitch Step - Mambo Rock - Step Back - Point Walk Forward Left, Walk Forward Right 1 - 2 3 & 4 Scuff Left Forward, Hitch Left Knee (Coming Up On Right Toe For Styling), Step Left Forward 5&6 Rock Right Forward, Recover Weight Onto Left, Step Back On Right 7 – 8 Step Back On Left (Placing It Slightly Behind Right Diagonal Angle) – Point Right To Side Section 4: Heel Jack - Cross - Side - Step/Sweep - Cross - Turn 1/4 - Coaster Step. 1&2 Cross Right Over Left – Step Left To Left Side – Touch Right Heel Forward & 3 - & Step Right Beside Left, Cross Left Over Right, Step Right To Right Side Step Left Foot In Place While Sweeping Right Foot Round In Front Of Left 5-6 Cross Right Over Left, ¼ Turn Stepping Back Onto Left 7 & 8 Step Right Back, Step Left Together, Step Right Forward On final wall, (facing 9.00 your on section 3.. step back turning 1/4 to the front and end with right toe pointed to side) Be students-Be teachers-Be politicians-Be preachers-Be believers-Be leaders-Be astronauts-Be champions-Be true seekers Be yourself!

Personal note: My 15 year old daughter left a post-it on my PC saying "Mum you need to write a dance to this track" I fell in love with the music, you can almost feel the song 'breathing'. Don't rush the dance, enjoy it and get lost in the music , like my daughter and I did .. This is an improver level dance, but if you like the feel of the routine and want to make it more challenging there are a few extra tips on the tail end of the video..

Contact: www.justinebrown.co.uk



Wand: 4