Smooth & Easy

Count: 32

Ebene: Beginner

Choreograf/in: Judy Rodgers (USA) - February 2013 Musik: Smooth (feat. Rob Thomas) - Santana

Alt. music:-

Still in Love with You by No Angels - 32 count intro (not perfectly phrased)
After You by Beverly Knight – 40 cnt intro (slower musicnot perfectly phrased)

16 Count intro - No tags or restarts

ROCK FWD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE TURN 1/2

- 1-2 Rock R forward, recover L
- 3&4 Step R back, step L together, step R back (could substitute a back step lock step)
- 5-8 Rock L back, recover R
- 7&8 Step L forward 1/4 turn right, step R together, step L back 1/4 turn right 6:00

ROCK BACK, RECOVER, STEP R, POINT L, STEP L, POINT R, STEP R, POINT L

- 1-2 Rock R back, recover L
- Step R forward, point L (point above and to the side of the foot....raise the hip up as you 3-4 point)
- 5-6 Step L forward, point R (point above and to the side of the foot....raise the hip up as you point)
- 7-8 Step R forward, point L (point above and to the side of the foot....raise the hip up as you point)

CROSS, SIDE, BEHIND, POINT, CROSS, SIDE, BEHIND, TURN ¼ STEP

- 1-2 Cross L over R, step R to right side
- 3-4 Step L behind R, point R to right side
- 5-6 Cross R over L, step L to left side
- 7-8 Step R behind L, turn 1/4 left step L forward 3:00

ROCKING CHAIR, STEP PIVOT ½, STEP PIVOT ¼

- 1-4 Rock R forward, recover L, rock R back, recover L
- Step R forward, pivot 1/2 left 9:00 5-6
- 7-8 Step R forward, pivot 1/4 left 6:00

REPEAT

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Wand: 2