## Gangnam Slide

Count: 180
Wand: 1
Ebene: Phrased Beginner
Choreograf/in: Roly Ansano (USA) - February 2013
Musik: Gangnam Slide by NamuKagemaruDragon

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| :---: | :---: | Ebene: Phrased Beginner

Seq: A B DEFG-B1 B2 CEFG-DTG
Intro: 32 counts after the word 'funky'
Note: Thanks to Psy and DJ Casper for the key steps and core music.
Part A (32 ): HAND CLAPS
1-32 Clap hands $32 x$ with the rhythm
Part B (32): VINES, HOPS, STOMPS, ROCK-AND-BACK
1-4 Step $R$ to side, cross $L$ behind $R$, step $R$ to side, touch $L$ together
5-8 Step $L$ to side, cross $R$ behind $L$, step $L$ to side, touch $R$ together
9-12 Walk back R, L, R, hold
13-16 Jump forward on both feet, hold
17-20 Jump forward on both feet, hold
21-24 Stomp $R$ forward, step on R, hold
25-28 Stomp $L$ forward, step on $L$, hold
29-32 Rock $R$ forward, recover to $L$, step $R$ back, hold

## Part B1 and Part B2 : VINES, HOPS, STOMPS, ROCK-AND-BACK

1-32 Same step pattern as Part B. Listen to the music for changes in the number of hops or stomps.

## Part C (32): SLIDES, CRISS-CROSS JUMPS, STOMPS

1-4 $\quad$ Big step $L$ to side on two counts, slide $R$ together, hold
5-8 $\quad$ Big step $R$ to side on two counts, slide $L$ together, hold
9-12 Jump and land on R crossed over L, unross jump on feet apart, hold
13-16 Jump and land on R crossed over L, uncross jump on feet apart, hold
17-20 Stomp $R$ forward twice, step on R, hold
21-24 Stomp L forward twice, step on L, hold
25-32 Repeat 17-24
Part D (32): SHRINK DOWN, STRETCH UP, HOP
1-16 Bend knees and gradually lower body to squat position
17-28 Straighten up gradually to upright position
29-32 Jump forward on both feet, hold
Part E (20): TREADMILL RUNS, HAND CLAPS, FREEZE

| 1\&-8\& | Run in place stepping R-L, $8 x$ |
| :--- | :--- |
| $9-16$ | Clap hands $8 x$ with the rhythm |
| $17-20$ | Hold |

Part F (32): GALLOP, RODEO, GALLOP, RODEO
1-2 Rise on ball of $L$ and hitch-step $R$, rise on ball of $R$ and hitch-step $L$
3-4 Rise on ball of $L$ and hitch-step $R$ twice
5-6 Rise on ball of $R$ and hitch-step $L$, rise on ball of $L$ and hitch-step $R$
7-8 Rise on ball of $R$ and hitch-step $L$ twice
9-32 Repeat 1-8, three times
Styling:
1-8 \& 17-24 Hold hands forward across chest, right over left

9-16 \& 25-32 Leave left hand in place, whirl imaginary lasso with right hand
Part G (32): BOUNCE, GRIND, GALLOP, BOUNCE, GRIND, GALLOP
1-4 Bounce knees slightly forward four times
5-8 Swing hips to left and roll them around twice
9-16 Repeat 1-8, Part F
17-32 Repeat 1-16
Styling:
1-4
Point left hand forward and sweep arm horizontally to left
17-20
Point right hand forward and sweep arm horizontally to right

## Part T (8-count TAG): Repeat 1-8, Part F

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