Ping Pong (With My Heart)



Count: 32 Wand: 4 Ebene: Absolute Beginner

Choreograf/in: Ross Brown (ENG) - March 2013

Musik: Ping Pong With My Heart (Radio Edit) - Paulini: (CD: Ping Pong With My Heart -

Single - 2:34)



Intro: 16 Counts (Approx. 8 Secs)

HIP BUMPS FORWARD, X2.

1 - 2 Touch right toes forward and bump hips forward, bump hips back.
3 - 4 Bump hips forward, hold for Count 4. [Weight ends on right foot]
5 - 6 Touch left toes forward and bump hips forward, bump hips back.

7 – 8 Bump hips forward, hold for Count 8. [Weight ends on left foot] (12 O'CLOCK)

TOE FAN. X4.

1 – 2	Step forward with right, fan right toes to the right.
3 – 4	Step forward with left, fan left toes to the left.
5 – 6	Step forward with right, fan right toes to the right.

7 – 8 Step forward with left, fan left toes to the left. (12 O'CLOCK)

ROCK FORWARD. BACK, SWEEP. X3.

1 – 2	Rock forward with right, recover onto left.
3 – 4	Step back with right, sweep left foot back.
5 – 6	Step back with left, sweep right foot back.

7 – 8 Step back with right, sweep left foot back. (12 O'CLOCK)

BEHIND, SIDE, CROSS. HITCH 1/4 TURN L. PRISSY WALK, HOLD. X2.

1-2-3 Cross step left behind right, step right to the right, cross step left over right.

4 Make a ¼ turn left hitching right knee up to left.

5 – 6 Walk forward and slightly across with right, hold for Count 6.

7 – 8 Walk forward and slightly across with left, hold for Count 8. (9 O'CLOCK)

END OF DANCE!