## Don't Hold Your Breath

Count: 64
Wand: 4
Ebene: Easy Intermediate
Choreograf/in: Hayley Wheatley (UK) - March 2013
Musik: It's a Beautiful Day - Michael Bublé


## 16 count intro.

## S1: Step, Ronde Sweep, Weave Left.

1-2 Step fwd onto $L$ foot, Ronde sweep $R$ foot around infront of $L$.
3-4 Cross $R$ foot infront of $L$ taking weight, Step $L$ foot to $L$ side.
5-6 Step $R$ foot behind $L$, Step $L$ foot to $L$ side.
7-8 Step $R$ foot infront of $L$, Step $L$ foot to $L$ side.

S2: Cross Rock, Recover, Scuff 1/4 turn, Heel switches.
1-2 Cross rock $R$ foot across $L$, Recover weight onto $L$ foot.
3-4 Scuff $R$ foot to $R$ side while making $1 / 4$ turn $R$, Step fwd onto $R$ foot. (3 o'clock)
5-6 Tap $L$ heel fwd, Replace $L$ foot next to $R$
7-8 Tap $R$ heel fwd, replace $R$ heel next to $L$
S3: Step, Scuff, Step, Hold, Mambo Step forward.
1-2 Step $L$ foot fwd, Scuff R foot fwd.
3-4 Step fwd onto R foot, Hold.
5-6 Rock fwd onto L foot, Recover onto R.
7-8 Step back onto L foot, Hold.
S4: Shuffle back right, Left coaster step .
1-2 Step back on $R$ foot, Step $L$ next to $R$.
3-4 Step back on R foot, Hold.
5-6 Step back on $L$ foot. Step $R$ next to $L$
7-8 Step fwd on L foot, Hold.
(Harder alternative for counts 5-8: Full triple turn L, on the spot, stepping L,R,L Hold)
S5: Side rock cross, Side together back.

| $1-2$ | Rock $R$ foot to $R$ side, Recover weight onto $L$ foot. |
| :--- | :--- |
| $3-4$ | Cross $R$ foot infront of $L$, Hold. |
| $5-6$ | Step $L$ foot to $L$ side, Close $R$ foot next to $L$. |
| $7-8$ | Step back onto $L$ foot, Hold. |

S6: Shuffle $1 / 4$ turn, Side rock cross.
1-2 Step R foot to $R$ side, making 1/4 turn R, Step L foot next to R. (6 o'clock)
3-4 Step Fwd onto R foot, Hold.
5-6 Rock $L$ foot to $L$ side, Recover weight onto $R$ foot.
7-8 Cross L foot infront of R, Hold.

S7: Monterey $1 / 4$ turn, Chasse right.
1-2 Point $R$ toe out to $R$ side, turn $1 / 4$ turn right stepping $R$ beside $L$. ( 9 o'clock)
3-4 Point $L$ toe out to $L$ side, Close $L$ foot beside $R$.
5-6 $\quad$ Step $R$ foot to $R$ side, Step $L$ foot next to $R$
7-8 Step $R$ foot to $R$ side, Hold.
S8: Shuffle back on Left, Triple turn over right shoulder.
1-2 Step back on $L$ foot, Step $R$ foot next to $L$.

## Start Again!

Tag: Add the following 8 count tag at the end of wall 3, facing 3 o'clock.
Cross back side, Hold, Cross back side, Hold.
1-2 Cross $L$ foot over $R$, Step back diagonally onto $R$ foot
3-4 Step $L$ foot to $L$ side, Hold
5-6 Cross $R$ foot over $L$, Step back diagonally onto $L$ foot
7-8 Step $R$ foot to $R$ side, Hold.
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