Betty Is Bad

Count: 48

Ebene: Improver

Choreograf/in: Ozgur "Oscar" TAKAÇ (TUR) - November 2013

Musik: Betty's Bein' Bad - Sawyer Brown

Intro: 32 counts

TOE SWITCHES, COASTER STEP, HOLD

- Touch R to forward, step R beside L, touch L toe forward, step L beside R 1-2-3-4
- 5-6-7-8 Step R back, step L beside R, step R forward, hold

1/2 TURN AND STEP BACK, 1/2 TURN WITH HITCH AND HEEL PUMPS, HOLD

- 1/2 turn R and step L back (L knee bent some) and hitch R knee 1
- 2-3-4 1/2 turn R with three little hops on L ball (keep R knee on hitch position until count four)
- 5-6-7-8 Step R forward, step L beside R, step R forward, hold

ROCK FORWARD, ¼ TURN LEFT & SIDE STEP, HOLD, RIGHT SWIVEL IN, HOLD

- 1-2-3-4 Step L fwd, step R in place, ¼ turn L and step L to L, hold
- 5-6-7-8 Swivel R heel in, R toe in, R heel in, hold

1/4 JAZZ TRIANGLE TURN LEFT, SCUFF, CROSS SHUFFLE, HOLD

- 1-2-3-4 Step L across R, step R back, ¼ turn L and step L to L, scuff R beside L
- 5-6-7-8 Step R across L, step L to L, step R across L, hold

TOUCH OUT-IN-OUT, HOLD, ¼ SAILOR TURN, HOLD

- 1-2-3-4 Touch L to L, touch L beside R, touch L to L, hold
- 5-6-7-8 Step L behind R, ¼ turn L and step R in place, step L fwd

RIGHT VINE, TOUCH, SIDE STEP, HOLD, ROCK BACK

- 1-2-3-4 Step R to R, step L behind R, step R to R, touch L beside R
- 5-6-7-8 Large step L to L, hold, step R back, step L in place

REPEAT

Contact: www.linedanceturkiye.com

Last Update - 11th Feb 2014





Wand: 4