Into My Heart

Count: 24

Ebene: Beginner

Choreograf/in: Greg Wynn (UK) - February 2014

Musik: Knee Deep In My Heart - Shane Filan

Intro: 8 counts - start on vocals

ROCK FORWARD RIGHT, SHUFFLE BACK, ROCK BACK LEFT, SHUFFLE FORWARD

- Rock forward on the right, replace weight back on the left, 1-2
- 3&4 Shuffle back - right, left, right,
- 5-6 Rock back on the left, replace weight back on the right,
- 7&8 Shuffle forward - left, right left,

1/4 TURNING JAZZ BOX, POINT LEFT, BEHIND SIDE CROSS, POINT RIGHT

- 1-2 Cross right over left, step back left with ¹/₄ turn to the right, (3.00)
- 3-4 Step to the right, point left to the left side,
- 5-6 Step left behind right, step right to the right,
- Cross left in front of right, point right to the right side, 7-8

ROCK FORWARD RIGHT, RIGHT COASTER STEP, ROCK FORWARD LEFT, SHUFFLE ½ TURN LEFT

- 1-2 Rock forward right, replace weight back on left,
- 3&4 Step back right, step left next to right, step forward on right,
- 5-6 Rock forward left, replace weight back on right,
- 7&8 Shuffle ¹/₂ turn left - left, right, left. (9:00)

REPEAT

Also useful as a floor split with "In My Heart" (choreographed by Maggie Gallagher)

Contact: gaw51uk@yahoo.co.uk





Wand: 4