Bounce



Count: 72 Wand: 1 Ebene: Phrased Intermediate /

Advanced

Choreograf/in: Séverine Fillion (FR) - January 2014

Musik: Bounce - LoCash Cowboys: (Album: Locash Cowboys, 2013)



Intro: 16 counts

Written for the Cavaillon's Catalan competition 2014 with the team: Moutain Rebels

PART A (24 counts)

[1-8] SYNCOPATED VAUDEVILLE

1-2	Right step to the right, left cross behind right
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&3 Right step to the right slightly back, touch left heel diagonally left fwd

&4 Recover on left next to right, right cross over left

5-6 Left step to the left, right cross behind left

&7 Left step to the left slightly back, touch right heel diagonally right fwd

&8 Recover on right next to left, left cross over right

[9-16] KICK, FLICK, 1/2 TURN LEFT & KICK, TOUCHES HEEL TOE HEEL (X 2)

1&	Kick right fwd, recover on right with left flick back
2&	Turn ½ left on right foot with left Kick fwd, recover on left 6:00
3&4	Touch right heel fwd, touch right toe back, touch right heel fwd
5&	Kick right fwd, recover on right with left flick back
6&	Turn ½ left on right foot with left Kick fwd, recover on left 12:00

^{*} On first wall, dance again this 16 counts

[17-24] ROCK FWD, 3 STEPS FULL TURN 1/2 RIGHT, STEP 1/2 TURN, STEP

1-2 Rock step right fwd, recover on left

3-4 ½ turn right & right step fwd, ½ turn right & left step back

5 ½ turn right & right step fwd 6:00

6-8 Left step fwd, ½ turn right, left step fwd 12:00

PART B (32 counts)

7&8

[1-8] (JUMPING: OUT, HOOK, 1/2 TURN R & KICK) X 2, OUT, STEP 1/2 TURN L X 2, STOMP-UP

1-2 Jump apart (both feet OUT), Jump on left foot in center with right hook back

Touch right heel fwd, touch right toe back, touch right heel fwd

& Jump on left foot ½ turning right with right Kick fwd 6:00

3-4 Jump apart (both feet OUT), Jump on left foot in center with right hook back

& Jump on left foot ½ turning right with right Kick fwd 12:00

5 Jump apart (both feet OUT)

Right step fwd, ½ turn left, right step fwd, ½ turn left

8 Stomp-up right next to left

[9-16] DIAGONALLY FWD STOMP LOCK STEP (R & L), STOMP FWD, BOUNCE & HEEL TWIST

1-2& Stomp right diagonally right fwd, left cross behind right, right step diagonally right fwd
3-4& Stomp left diagonally left fwd, right cross behind left, left step diagonally left fwd

5 Stomp right diagonally right fwd

6-8 Swivel right heel to the right and to the left droping right heel on the floor x 3

[17-24] (JUMPING: OUT, HOOK, 1/2 TURN R & KICK) X 2, OUT, STEP 1/2 TURN L X 2, STOMP-UP Same steps as 1-8

[25-32] ROLLING VINE R DIAGONALLY BACK, HEEL TOUCH, ROLLING VINE L DIAG BACK, HEEL TOUCH

Rolling vine R (full turn) diagonally right back, finish with a touch left heel fwd Rolling vine L (Full turn) diagonally left back, finish with a touch right heel fwd

& Recover on right next to left

PART C (16 counts)

[1-8] STEP FWD, STOMP-UP, ROCK BACK, STOMP-UP, ROCK BACK, STOMP, TOE HEEL TOE SWIVEL

1-2 Left step fwd, Stomp-up right next to left

3& Jumping Rock back on right with left Kick fwd, recover on left

4 Stomp-up right next to left

5& Jumping Rock back on right with left Kick fwd, recover on left

6 Stomp right next to left

7&8 Swivel: right toe to the right, right heel to the right, right toe to the right (keep weight on left)

[9-16] SWIVEL, STOMP-UP, ROCK BACK, STOMP-UP, ROCK BACK, STOMP, TOE HEEL TOE SWIVEL

&1 Recover right toe to the left, right heel to the left (Keep weight on left)

2 Stomp-up right next to left

3& Jumping Rock back on right with left Kick fwd, recover on left

4 Stomp-up right next to left

5& Jumping Rock back on right with left Kick fwd, recover on left

6 Stomp right next to left

Swivel: right toe to the right, right heel to the right, right toe to the right (keep weight on left)

SEQUENCE: A (16 counts) – A – B – C A – B – C (8 counts) – A (16 counts) B + 8 last counts of Part B (Rolling vine)

Final: C - C (9-16)

Enjoy!!

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