Light On



Count: 34

Wand: 2

Ebene: Intermediate NC2

Choreograf/in: Debbie McLaughlin (UK) - April 2014

Musik: Light On - Rebecca Ferguson : (Album: Freedom - Bonus Track)



Count in: After 4 counts

SIDE BACK ROCK, ¼ TURN SWEEP, CROSS BACK ½ TURN, STEP ½ TURN ¼ TURN BACK ROCK

- 1 2& Step L to L side, Rock R behind L, Recover onto R
- 3 4& Make ¼ turn R stepping R forward and sweeping L around, Cross L over R, Step R back
- 5 6& Make 1/2 turn L stepping L forward, Step R forward, Make 1/2 turn R stepping L back
- 7 8& Make ¼ turn R stepping R to R side, Rock L behind R, Recover forward onto R

SIDE, CROSS ROCK SIDE ROCK BACK ROCK, SIDE BACK ROCK ¼ TURN, ½ TURN RUN RUN

- 1 2& Step L big step to L side, Cross rock R over L, Recover onto L
- 3&4& Rock R out to R side, Recover onto L, Rock R behind L, Recover onto L
- 5 6& Step R big step to R side, Rock L behind R, Recover onto R
- 7 8& Make ¼ turn R stepping back on L, Make ½ turn R stepping R forward, Step L forward

SWEEP, CROSS SIDE BEHIND, BEHIND ¼ TURN STEP, FULL TURN ROCK RECOVER

- 1 2& Step R forward and sweep L around, Cross L over R, Step R to R side
- 3 4& Cross L behind R and sweep R around, Cross R behind L, make ¼ turn L stepping L forward
- 5 6& Step R forward (prep for full turn R), Make ½ turn R stepping L back, Make ½ turn R stepping R forward
- 7 8 Rock forward on L, Recover back onto R

1/4 TURN SWAY SWAY TOGETHER

1 2& Make 1/4 turn L and sway L to L side, Sway to R, Step L beside R

WALK WALK STEP ½ TURN ¼ SWEEP, CROSS ROCK RECOVER, CROSS ¼ TURN ¼ TURN CROSS

- 1 2 Walk forward R, Walk forward L (Cross over slightly on the walks)
- 3 4& Step R forward, Pivot ½ turn L taking weight forward onto L, Make ¼ L sweeping R around
- 5 6& Cross R over L, Rock L out to L side, Recover onto R
- 7&8& Cross L over R, Make ¼ turn L stepping back on R, Make ¼ turn L stepping L to L side, Cross R over L

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