Hit The Floor Easy



Count: 32 Wand: 2 Ebene: Beginner

Choreograf/in: Witchy Woman - June 2014

Musik: Hit The Ground - Kique Santiago

Intro: 32 counts

Forward, forward, sway r,l,r, back, back, sway l,r,l

1-2 Step forward R,L
3&4 Sway R,L,R
5-6 Step back L,R
7&8 Sway L,R,L

Cross rock, recover, turn 1/4 right and triple forward, left mambo, shimmy shimmy.

1-2 Cross right over left, recover to left

3&4 Turn 1/4 right, step forward right, step left next to right, step forward right

5-6-7 Rock forward on left, recover to right, step back on left

&8 Shimmy, shimmy

Cross rock, recover, turn 1/4 right and triple forward, step together with left, twist x3 to left side

1-2 Cross right over left, recover to left

3&4 Turn 1/4 right, step forward right, step left next to right, step forward right

5 Step together with left foot

6-7-8 Swivel both heels to L side, swivel toes to L side, swivel heels to L side

X2 Kick ball cross, Bump Hip R, Hold, Bump Hip L, Hold

1&2	Kick Right foot to the right diagonal, step the ball of R next to L, cross L over R
3&4	Kick Right foot to the right diagonal, step the ball of R next to L, cross L over R

5-6 Roll/bump right hip to right, hold7-8 Roll/bump left hip to left hold

Begin again and enjoy!□

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