

Mi Media Mitad

Count: 64

Wand: 2

Ebene: Intermediate

Choreograf/in: Ayu Permana (INA) - June 2014

Musik: Mi Media Mitad - Rey Ruiz



Start on vocal □□□□□□□□

SESSION 1. BACK MAMBO – HOLD – FORWARD MAMBO – HOLD (12.00)

1 – 2 – 3 – 4 Step/rock R backward – Recover on L – Step R next to L – Hold
5 – 6 – 7 – 8 Step/rock L forward – Recover on R – Step L next to R – Hold

SESSION 2. BEHIND – CROSS – SIDE – HOLD – ¼ TURN – FORWARD – ½ TURN – HOLD (03.00)

1 – 2 – 3 – 4 Step R behind L – Cross L over R – Step R to right side – Hold
5 – 6 – 7 – 8 Turn ¼ left step L forward (09.00) – Step R forward - Turn ½ left step L next to R (03.00) – Hold

SECTION 3. FORWARD LOCKSTEP – HOLD – CROSS – RECOVER – ¾ TURN – HOLD (06.00)

1 – 2 – 3 – 4 Step R forward – Step L behind R – Step R forward - Hold
5 – 6 – 7 – 8 Cross/rock L over R – Recover on R – Turn ¾ left step L forward (06.00) – Hold

SESSION 4. (2X) CHASSE & HEEL TOUCH (06.00)

1 – 2 – 3 – 4 Step R to right side – Step L close to R – Step R to right side – Touch L heel forward
5 – 6 – 7 – 8 Step L to left side – Step R close to L – Step L to left side – Touch R heel Forward

* Restart on Wall 4 ..

SESSION 5. ¼ COASTER TURN – HOLD – FORWARD – ¾ TURN – HOLD (06.00)

1 – 2 – 3 – 4 Sweep and step R behind L making ¼ turn right (03.00) – Step L next to R – Step R forward – Hold
5 – 6 – 7 – 8 Step L forward – Turn ½ right on R (09.00) – Turn ¼ right step L to left side (06.00) – Hold

** Restart on Wall 7 ...

SESSION 6. (2X) BEHIND – CROSS – SIDE – HOLD (06.00)

1 – 2 – 3 – 4 Step R behind L – Cross L over R – Step R to right side – Hold
5 – 6 – 7 – 8 Step L behind R – Cross R over L – Step L to left side – Hold

SESSION 7. (2X) BACK MAMBO – HOLD (06.00)

1 – 2 – 3 – 4 Step/rock R backward – Recover on L – Step R next to L – Hold
5 – 6 – 7 – 8 Step/rock L backward – Recover on R – Step L next to R – Hold

SESSION 8. FORWARD – RECOVER – ½ TURN – HOLD – FORWARD – ½ TURN – FORWARD – HOLD (06.00)

1 – 2 – 3 – 4 Step/rock R forward – Recover on L – Turn ½ right step R forward (12.00) – Hold
5 – 6 – 7 – 8 Step L forward – Turn ½ right step R close to R (06.00) – Step L slightly forward – Hold

REPEAT

TAGS: At the end of wall 2 and 5:

(2X) SIDE MAMBO – HOLD

1 – 2 – 3 – 4 Step/rock R to right side – Recover on L – Step R next to L – Hold
5 – 6 – 7 – 8 Step/rock L to left side – Recover on R – Step L next to R – Hold

RESTARTS:

* 1st Restart: Wall 4 after 32 counts

** 2nd Restart: Wall 7 after 40 counts

ENJOY AND HAPPY DANCING ...

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