

# All About That Bass

Count: 32

Wand: 4

Ebene: Beginner

Choreograf/in: Gail A. Dawson (USA) - July 2014

Musik: All About That Bass - Meghan Trainor



## 32 count intro

### Modified Rumba Boxes

- |     |  |
|-----|--|
| 1-2 | Right foot step to the right, left foot steps beside right                   |
| 3-4 | Right foot steps forward, left foot taps beside right                        |
| 5-6 | Left foot taps to the left, then beside right                                |
| 7-8 | Hip roll (alternate move – another tap out and back) weight ends up on right |
|     |  |
| 1-2 | Left foot step to the left, right foot steps beside left                     |
| 3-4 | Left foot steps back, right foot taps beside left                            |
| 5-6 | Right foot taps to the right, then beside left                               |
| 7-8 | Hip roll (alternate move – another tap out and back) weight ends up on left  |

### Vine

- |     |   |
|-----|---|
| 1-2 | Right foot steps to the right, left crosses behind right            |
| 3-4 | Right foot steps to the right, left heel touches diagonally forward |
| 5-6 | Left foot steps to the left, right foot crosses behind left         |
| 7-8 | Left foot steps to the left, right heel touches diagonally forward  |

### Toe Struts and Hip Rolls

- |     |   |
|-----|---|
| 1-2 | Step forward on right toe, drop heel taking weight  |
| 3-4 | step forward on left toe, drop heel taking weight   |
| 5-6 | Hip roll 1/8th turn to the left (counter clockwise) |
| 7-8 | Hip roll 1/8th turn to the left (counter clockwise) |

### Start again

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Last Update - 6th Aug 2014

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