Hafanana

Count: 16

Ebene: Beginner

Choreograf/in: Martie Papendorf (SA) - August 2014 Musik: Hafanana - Afric Simone

No Tags Or Restarts

Start on main vocals after 4 sets of 8 count "lalalalas" [+/- 16 sec.]

#1: Bota Fogo fwd 2x, Toe, Step, Heel, Fwd shuffle

- Rock R across L, Recover on ball of L to left side, Step R to right side, 1a2
- Rock L across R, Recover on ball of R to right side, Step L to left side, 3a4
- 5&6 Touch R toe next to L, Step R next to L, Touch L heel fwd,
- Step L fwd, Step R next to L, Step L fwd [12.00] 7&8

#2: R Mambo 1/4 left, L Mambo, 2 Travelling Voltas left, Cross, Pivot 1/2 left, Touch

- 1a2 Rock R to right side making a ¼ turn left, Recover L in place, Step R next to L, [3.00]
- 3a4 Rock L to left side, Recover R in place, Step L next to R,
- 5&6& Step R across L, Step L small step to left side, Step R across L, Step L small step to left side,
- 7&8 Step R across L, Make a sharp pivot turn 1/2 left [weight to L], [3.00] Touch R next to L [3.00]

START AGAIN

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Wand: 4