Easy Does It

Count: 32

Ebene: Beginner

Choreograf/in: Forty Arroyo (USA) - September 2014

Musik: On My Own - Miley Cyrus

(A Hayloft Floor Split for Steve Lescarbeau's Intermediate dance - On My Own)

** Dedicated to to My Senior Guys & Dolls **

Starts after 24 beats (lyrics)

[1-8] □WALK, WALK, KICK BALL CHANGE, STEP, SWEEP, STEP, SWEEP

- 1,2 Walk forward - R, L
- 3&4 Low kick R forward, Step ball of R in place, Step L in place
- 5.6 Step R in front of L, Sweep L from back to front
- Step L in front of R, Sweep R from back to front 7,8

[9-16] CROSS, STEP, CROSS, STEP, CROSS, STEP, SIDE, STOMP

- 1,2 Traveling back L diagonal – Cross R over L, Step back on L
- 3,4 Traveling back L diagonal – Cross R over L, Step back on L
- 5,6 Cross R over L, Step back on L squaring off to 12 O'
- Step R to side (big step), Stomp L next to R (weight on L) 7,8

RESTART HAPPENS HERE (after instrumentals) you will be starting the dance at 6 O' (WALL 6)

[17-24] CHASSE', OUT, OUT, CHASSE', OUT, OUT

- Step R to side, Slide L next to R, Step R to side 1&2
- 3.4 Step L slightly to left - pushing hips to side, Step R slightly to right - pushing hips to side
- 5&6 Step L to side, Slide R next to R, Step L to side
- Step R slightly to right pushing hips to side, Step L slightly to left pushing hips to side 7,8

[25-32] WALK, WALK, STEP, PIVOT 1/2, STEP, TOUCH, STEP, TOUCH

- 1,2 Walk forward, R L
- 3,4 Step forward on R, Pivot ¹/₂ turn to left (weight on L)
- Step R to side lean right, Touch L out to side 5,6
- Step L to side lean left, Touch R out to side 7.8

REPEAT

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Wand: 2