|  |  |
| --- | --- |
| Make It Shake |  |

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| --- | --- | --- | --- | --- | --- | --- |
| . | | | | | | |
| **Count:** | 64 | **Wall:** | 4 | **Level:** | Phrased Advanced | . |
| **Choreographer:** | Fred Whitehouse (IRE) & Darren Bailey (UK) - October 2014 | | | | |
| **Music:** | Make It Shake (feat. Machel Montano, Busta Rhymes, Olivia & Fatman Scoop) - Wonda Music Presents | | | | |
| . | | | | | | |

**Intro – 32 counts, from the rapping section.**

**Sequence – A,B, A,A, A,A, B,TAG, A,A, B,B**

**Section A - 32 counts**

**A1: Rock Recover X 3, Hop Back X2**

|  |  |
| --- | --- |
| 1,2& | rock RF to R side, recover onto L, close RF next to L |

|  |  |
| --- | --- |
| 3,4& | rock LF to L side, recover onto R, close LF next to R |

|  |  |
| --- | --- |
| 5,6 | rock RF forward, recover onto L |

|  |  |
| --- | --- |
| 7,8 | hop back on RF x2 |

**A2: Step Hitch, Step Flick, Step Lock, Rock Recover**

|  |  |
| --- | --- |
| 1,2 | step LF back diagonal (7.30), hitch R knee up beside L knee |

|  |  |
| --- | --- |
| 3,4 | touch RF to R side, flick RF behind L knee (still on diagonal) |

|  |  |
| --- | --- |
| 5,6 | step RF forward (12.00) lock LF behind R popping R knee |

|  |  |
| --- | --- |
| 7,8 | rock RF behind L popping L knee, recover weight onto LF |

**A3: Dorothy Step, Chest Pop, ¼ Heel Grind, Heel Switch And Scuff**

|  |  |
| --- | --- |
| 1,2 | step RF forward to R diagonal, lock LF behind R |

|  |  |
| --- | --- |
| &3&4 | step RF to R side, step LF to L side, expand chest out, bring chest back in,(chest pop) keep weight on L |

|  |  |
| --- | --- |
| 5,6 | cross R heel over LF, ¼ turn stepping LF back (face 3.00) |

|  |  |
| --- | --- |
| &7&8 | close RF next to L, touch L heel forward, close LF next R, scuff RF forward |

**A4: Hop Kick X2, Jump Flick, Jump Lock, Hop X2**

|  |  |
| --- | --- |
| 1,2 | hop on LF kicking RF back, hop on LF kicking RF forward ( RF shouldn’t touch floor) |

|  |  |
| --- | --- |
| 3,4 | jump both feet shoulder width apart, hop RF toward L as you flick LF across R shin |

|  |  |
| --- | --- |
| 5,6 | jump both feet shoulder width apart, jump both feet together as you lock LF behind R |

|  |  |
| --- | --- |
| 7,8 | make ½ turn L with mini hop (unwind feet), make ½ turn L with mini hop (close both feet together) or choose easier option for the 8 counts above. |

**Easier option:**

|  |  |
| --- | --- |
| 1-2& | Touch Rf back, Kick Rf forward, close Rf next to Lf |

|  |  |
| --- | --- |
| 3-4 | Touch Lf to L side, Hitch L knee |

|  |  |
| --- | --- |
| 5-6 | Touch Lf to L side, Lock Lf behind Rf |

|  |  |
| --- | --- |
| 7-8 | Make a 1/2 turn L mini Hop (unwind feet), make a 1/2 turn L mini Hop (Feet closed) |

**face 3.00 start dance**

**Section B - 32counts**

**B1: Stomp, Hip Rolls X3, Hitch, Stomp, Hip Bumps X4**

|  |  |
| --- | --- |
| 1-4 | stomp RF to R side make full circles with hips anti clockwise x3, hitch L knee on count 4 |

|  |  |
| --- | --- |
| 5-8 | step LF to L side bumping hips to L x4 placing weight on L ( use shoulders to style movement) |

**B2: Step Hitch Clap X2, Step Close X2**

|  |  |
| --- | --- |
| 1,2 | step RF back diagonal, hitch L knee and clap hands together |

|  |  |
| --- | --- |
| 3,4 | step LF back diagonal, hitch R knee and clap hands together |

|  |  |
| --- | --- |
| 5,6 | ¼ turn R stepping RF to R side, close LF next to R, |

|  |  |
| --- | --- |
| 7,8 | step RF to R side, close LF next to R |

**Repeat First 16 Counts Again.**

**End of section B**

**TAG - Box Step With Body Rocks**

|  |  |
| --- | --- |
| 1&2 | rock body back as you step RF to R side (raise ONE arm in the air), rock body forward, rock body back (weight should be on RF) |

|  |  |
| --- | --- |
| 3&4 | ¼ R stepping LF to L side rocking body back (raise both hands in the air), rock body forward, rock body back (weight should be on LF) |

|  |  |
| --- | --- |
| 5&6 | ¼ R stepping RF to R side rocking body back (raise ONE arm in the air), rock body forward, rock body back (weight should be on RF) |

|  |  |
| --- | --- |
| 7&8 | ¼ R stepping LF to L side rocking body back ( raise both arms in the air) rock body forward, rock body back (weight should end on LF) |

**This Tag only happens once, the words JUMP JUMP are repeated several times.**

**Last Update – 27th Oct 2014**