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| Factor AB |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner / Improver | . |
| **Choreographer:** | Daniel Whittaker (UK) - October 2014 | | | | |
| **Music:** | Think - Chris Anderson : (iTunes - 2:49) | | | | |
| . | | | | | | |

**CELEBRATING 15 YEARS OF CHILL FACTOR: The reason I called the dance 'FACTOR AB', is because 15 years ago when I was in a bar on a Spanish island called Majorca I came across the music and created the dance ‘CHILL FACTOR’ I still can not believe Chill Factor is nearly 15 years old and is danced everywhere around the world, I love it today as much as I did all that time ago, so thank you to all for dancing it with me!!! I hope you like this new dance.**

**ANOTHER NOTE: I have also created a Intermediate version of this dance called Factor 15, this is ideal so you can do a floor split**

**[1-8] Heel splitz, Right heel, Left heel, right knee pop**

|  |  |
| --- | --- |
| 1-2 | Push both heels out, bring both heels in 12:00 |

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| --- | --- |
| 3-4 | Touch right heel forward, step beside left foot 12:00 |

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| --- | --- |
| 5-6 | Touch left heel forward, step beside right foot 12:00 |

|  |  |
| --- | --- |
| 7-8 | Push right knee intowards left knee, push right knee out to right side 12:00 |

**[9-16] Right grapevine side step, side step with shimmys**

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| --- | --- |
| 1-4 | Right to right side, cross left behind right, step right to right side, touch left beside right 12:00 |

|  |  |
| --- | --- |
| 5-8 | Side step left to left side, touch right beside left, Side step right to right side, touch left beside right 12:00 |

**\*\* on side steps shimmy shoulders \*\***

**[17-24] Left grapevine ¼ turn left, shuffle R & L**

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| --- | --- |
| 1-4 | Left to left side, cross right behind left, step left ¼ turn left, scuff right forward 09:00 |

|  |  |
| --- | --- |
| 5&6 | Step right forward, close left to right, step right foot forward 09:00 |

|  |  |
| --- | --- |
| 7&8 | Step left foot forward, close right to left, step left foot forward 09:00 |

**[25-32] Rocking chair, ½ turn jump, clap**

|  |  |
| --- | --- |
| 1-2 | Rock right forward, recover weight on left 09:00 |

|  |  |
| --- | --- |
| 3-4 | Rock right foot back, recover weight on left 09:00 |

|  |  |
| --- | --- |
| 5-6 | Step right forward, make ½ turn left 09:00 |

|  |  |
| --- | --- |
| &7-8 | Little syncopated jump forward right, left, CLAP 09:00 |

**END OF DANCE**

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