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| We Only Live Once |  |

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| **Count:** | 64 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Robbie McGowan Hickie (UK) - November 2014 | | | | |
| **Music:** | We Only Live Once - Shannon Noll | | | | |
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**Intro: 32 Count from Vocals**

**S1: 2 x Walks Forward. Step. Pivot 1/2 Turn Right. Step. 2 x Walks Forward. Step. Pivot 1/2 Turn Left. Step.**

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| 1 – 2 | Walk forward on Left. Walk forward on Right. |

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| 3&4 | Step forward on Left. Pivot 1/2 turn Right. Step forward on Left. |

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| 5 – 6 | Walk forward on Right. Walk forward on Left. |

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| 7&8 | Step forward on Right. Pivot 1/2 turn Left. Step forward on Right. (12 o’clock) |

**S2: Dorothy Step Diagonally Forward (Left & Right). & Forward Rock. Left Coaster Cross.**

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| 1 – 2& | Step Left Diagonally forward Left. Lock Right behind Left. Step Left Diagonally forward Left. |

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| 3 – 4& | Step Right Diagonally forward Right. Lock Left behind Right. Step Right Diagonally forward Right. |

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| 5 – 6 | Rock forward on Left. Rock back on Right. |

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| 7&8 | Step back on Left. Step Right beside Left. Cross step Left over Right. (12 o’clock) |

**S3: Side Step Right. Behind. & Heel Jack. & Touch. & Left Heel-Ball-Cross. 2 x 1/4 Turns Right.**

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| 1 – 2& | Step Right to Right side. Cross Left behind Right. Step ball of Right to Right side. |

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| 3&4 | Touch Left heel Diagonally forward Left. Step Left back to place. Touch Right toe beside Left. |

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| & | Step ball of Right to Right side. |

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| 5&6 | Touch Left heel Diagonally forward Left. Step Left back to place. Cross step Right over Left. |

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| 7 – 8 | Make 1/4 turn Right stepping back on Left. Make 1/4 turn Right stepping Right to Right side. (6:00) |

**S4: Cross Rock. Chasse 1/4 Turn Left. 2 x 1/2 Turns Left. Right Mambo Forward.**

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| 1 – 2 | Cross rock Left over Right. Rock back on Right. |

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| 3&4 | Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left. |

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| 5 – 6 | Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left. |

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| 7&8 | Rock forward on Right. Rock back on Left. Step back on Right. (3 o’clock) |

**S5: 2 x Walks Back. Left Sailor. Right Sailor 1/4 Turn Right. Left Shuffle Forward.**

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| 1 – 2 | Walk back on Left. Walk back on Right. |

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| 3&4 | Cross Left behind Right. Step Right to Right side. Step Left to Left side. |

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| 5&6 | Cross Right behind Left. Make 1/4 turn Right stepping Left beside Right. Step forward on Right. |

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| 7&8 | Left shuffle forward stepping Left. Right. Left. (6 o’clock) |

**S6: Step. Pivot 1/2 Turn Left. Right Kick-Ball-Step Forward. Heel Switches & Right Lock Step Forward**

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| 1 – 2 | Step forward on Right. Pivot 1/2 turn Left. |

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| 3&4 | Kick Right forward. Step ball of Right beside Left. Step forward on Left. (12 o’clock) |

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| 5&6 | Touch Right heel forward. Step Right back to place. Touch Left heel forward. |

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| &7&8 | Step Left back to place. Step forward on Right. Lock step Left behind Right. Step forward on Right. |

**S7: Left Cross Rock. & Right Cross Rock. & Cross. 1/4 Turn Left. Left Shuffle 1/2 Turn Left.**

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| 1 – 2& | Cross rock Left over Right. Rock back on Right. Step Left to Left side. |

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| 3 – 4& | Cross rock Right over Left. Rock back on Left. Step Right to Right side. |

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| 5 – 6 | Cross step Left over Right. Make 1/4 turn Left stepping back on Right. |

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| 7&8 | Left shuffle making 1/2 turn Left stepping Left. Right. Left. (3 o’clock) |

**S8: Right Mambo Forward. Left Coaster Step. Forward Rock. Right Shuffle 1/2 Turn Right.**

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| 1&2 | Rock forward on Right. Rock back on Left. Step back on Right. |

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| 3&4 | Step back on Left. Step Right beside Left. Step forward on Left. |

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| 5 – 6 | Rock forward on Right. Rock back on Left. |

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| 7&8 | Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 9 o’clock) |