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| Frenesi (Frenzy) |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Improver | . |
| **Choreographer:** | Amy Yang (TW) - December 2014 |
| **Music:** | Frenesi(Frenzy) – Cliff Richard |
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**Intro : 20 counts - No Tag, No Restart**

**Sec . 1: SIDE, TOGETHER, FORWARD, TOUCH, FULL ROLLING TURN, POINT**

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| 1 - 4 | Step RF to R, Step LF together, Step RF forward, Touch LF together and hip bumps |

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| 5 - 8 | 1/4 turn L stepping forward on LF, 1/2 turn L stepping back on RF, 1/4 turn stepping Lf to L, Point RF to R |

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**Sec . 2: SIDE, TOGETHER, SIDE CHASSE, CROSS, RECOVER, 1/4 TURN L SHUFFLE**

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| 1 - 2 | Step RF to R, Step LF together |

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| 3 & 4 | Step RF to R, Step LF together, Step RF to R |

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| 5 - 6 | Cross LF over RF, Recover onto RF |

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| 7 & 8 | 1/4 turn L step forward on LF, Lock RF behind LF, Step LF forward (09:00) |

**Sec . 3: FORWARD, LOCK, FORWARD SHUFFLE, FORWARD, RECOVER, 1/2 TURN FORWARD SHUFFLE**

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| 1 - 2 | Step RF forward, Lock LF behind RF |

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| 3 & 4 | Step RF forward, Lock LF behind RF, Step RF forward |

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| 5 - 6 | Step LF forward, Recover onto RF |

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| --- | --- |
| 7 & 8 | 1/2 turn L stepping forward on LF, Lock RF behind RF, Step LF forward (03:00) |

**Sec. 4: WALK FORWARD(R,L), FORWARD SHUFFLE, FORWARD, RECOVER,**

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| --- | --- |
| 1 – 2 | Step RF forward,Step LF forward |

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| 3 & 4 | Step RF forward, Lock LF behind RF, Step RF forward |

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| --- | --- |
| 5 – 8 | Step LF forward, Recover onto RF, Big step back on LF, Drag RF to LF |

**Start Again**

**Have Fun & Happy Dancing!**

**Contact Amy Yang: yang43999@gmail.com**