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| Shut Up and Dance |  |

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| . |
| **Count:** | 48 | **Wall:** | 0 | **Level:** | Intermediate | . |
| **Choreographer:** | Cody Flowers (USA) - February 2015 |
| **Music:** | Shut Up and Dance - WALK THE MOON |
| . |

**Awards: USLDCC 2nd Place Intermediate/Advanced at The Big Bang Dance Classic 2015**

**\*2 Restarts (wall 3 & 5)**

**(1-8) Scuff, Touch Back, ¾ Turn L, Sailor Step, Sailor Step**

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| --- | --- |
| 1 2 | Scuff R, Touch R back |

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| --- | --- |
| 3 4 | Twist body R (to look back at 6:00), ¾ Turn left stepping R to R side (9:00) |

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| --- | --- |
| 5&6 | Step L behind R, Step R to R side, Step L to L side |

|  |  |
| --- | --- |
| 7&8 | Step R behind L, Step L to L side, Step R to R side |

**(9-16) Hitch, Toe Touch, Knee Pops, & Rock Recover, & Rock Recover**

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| 1 2 | Hitch L knee across body, STEP L back to L |

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| --- | --- |
| 3 4 | Pop R knee toward L, Pop L knee toward R Thank you! Cody |

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| --- | --- |
| &56 | Step R beside L, Rock L to L side, Recover weight on R |

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| --- | --- |
| &78 | Step L beside R, Rock R to R side, Recover weight on L |

**(17-24) & Rock Recover, Back Lock Back, ¾ Turn R, Behind Side Cross**

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| --- | --- |
| &12 | Step R beside L, Step L forward rocking onto L, Recover weight on R |

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| --- | --- |
| 3&4 | Step back on L foot, Lock R over L, Step back on L foot |

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| --- | --- |
| 5 6 | ¼ Turn R stepping R to R side (12:00), ½ Turn R stepping L to L side (6:00) |

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| --- | --- |
| 7&8 | Step R behind L, Step L to L side, Cross R over L |

**(25-32) Rock Recover, Behind Side Cross, Big Slide, Together, ¼ Coaster Step**

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| --- | --- |
| 1 2 | Rock L to L side, Recover weight on R |

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| --- | --- |
| 3&4 | Step L behind R, Step R to R side, Cross L over R |

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| --- | --- |
| 5 6 | Large step R to R side, Drag L to R foot |

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| --- | --- |
| 7&8 | ¼ Turn L stepping back on L foot (3:00), Step R beside L, Step L forward |

**(33-40) Kick and Touch, Kick and Touch, Cross in Front, Cross in Front**

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| 1&2 | Kick R foot forward, Step R beside L, Touch L to L side |

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| --- | --- |
| 3&4 | Kick L foot forward, Step L beside R, Touch R to R side |

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| --- | --- |
| 5&6 | Cross R over L, Step L to L side, Step R forward |

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| --- | --- |
| 7&8 | Cross L over R, Step R to R side, Step L forward |

**\*\*Restart here on Walls 3 & 5.**

**(41-48) ¼ Box Turn, ¼ Box Turn**

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| 1 2 | Cross R over L, ¼ Turn R stepping back on L (6:00) |

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| --- | --- |
| 3 4 | Step R forward, Step L beside R |

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| --- | --- |
| 5 6 | Cross R over L, ¼ Turn R stepping back on L (9:00) |

|  |  |
| --- | --- |
| 7 8 | Step R forward, Step L beside R |

**Contact: co.flowers@wingate.edu**

**Last Update : Sept 14th, 2015**