|  |  |
| --- | --- |
| Shake It |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Sue Smyth (UK) - February 2015 |
| **Music:** | The Shake - Neal McCoy |
| . |

**#16 count intro after heavy beat**

**\*2 very easy box Tags on 12 o’clock**

**SEC 1: SWIVEL LEFT, RIGHT, LEFT CLAP,TRAVELLING LEFT, SWIVEL RIGHT , LEFT, RIGHT CLAP TRAVELLING RIGHT.**

|  |  |
| --- | --- |
| 1-2 | Swivel Heels Left, Swivel Toes Left |

|  |  |
| --- | --- |
| 3-4 | Swivel Heels Left, Clap |

|  |  |
| --- | --- |
| 5-6 | Swivel Heels Right, Swivel Toes Right |

|  |  |
| --- | --- |
| 7-8 | Swivel Heels Right, Clap |

**SEC 2: LEFT LOCK LEFT SCUFF, RIGHT LOCK RIGHT SCUFF**

|  |  |
| --- | --- |
| 1-2 | Step Fwd On Left, Lock Right Behind Left, |

|  |  |
| --- | --- |
| 3-4 | Step Fwd On Left, Scuff Right Foot Fwd |

|  |  |
| --- | --- |
| 5-6 | Step Fwd On Right, Lock Left Behind Right |

|  |  |
| --- | --- |
| 7-8 | Step Fwd On Right, Scuff Left Foot Fwd |

**SEC 3: STEP PIVOT ¼ TURN RIGHT, STOMP LEFT, KICK LEFT, WALK BACK ON L R L, STOMP R**

|  |  |
| --- | --- |
| 1-2 | Step Fwd On Left, Pivot ¼ Turn Right, Placing Weight On Right |

|  |  |
| --- | --- |
| 3-4 | Stomp Left Foot Beside Right, Kick Left Foot Fwd |

|  |  |
| --- | --- |
| 5-6 | Walk Back On Left, Right, |

|  |  |
| --- | --- |
| 7-8 | Walk Back On Left, Stomp Right Beside Left |

**SEC 4: HIP SWAYS R L R L WALK FWD ON R L R STOMP LEFT BESIDE RIGHT**

|  |  |
| --- | --- |
| 1-2 | Sway Hips Right, Sway Hips Left.( You Can Use Your Feet To Swivel From Left To Right) |

|  |  |
| --- | --- |
| 3-4 | Sway Hips Right, Sway Hips Left, |

|  |  |
| --- | --- |
| 5-6 | Walk Fwd On Right, Left |

|  |  |
| --- | --- |
| 7-8 | Walk Fwd On Right, Stomp Left Beside Right. |

**Tag: At The End Of Wall 4 And 8 - Add An 8 Count Tag, Facing 12 O’ Clock Both Times**

**RHUMBA BOX,**

|  |  |
| --- | --- |
| 1-4 | Step Left To Left Side, Step Right Together, Step Fwd On Left,Touch Right Beside Left |

|  |  |
| --- | --- |
| 5-8 | Step Right To Right Side, Step Left Beside Right,Step Back On Right,Stomp Left Beside Right |

**Enjoy and have fun with it.**

**Contact: boogiesas@yahoo.co.uk**