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| Hello Dolly (我愛紅娘) (zh) |  |

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| . |
| **Count:** | 32 | **Wall:** | 2 | **Level:** | Improver | . |
| **Choreographer:** | Lorraine Kurtela (USA) - 2010年05月 |
| **Music:** | Hello Dolly! - Bobby Darin |
| . |

**第一段**

**Sway R/L ~ Side Close Side ~ Sway L/R ~ Side Close Side**

**右擺臀, 左擺臀, 右追步, 左擺臀, 右擺臀, 左追步**

**1–2**

**Step R foot to right, swaying hips right; Step L foot to left, swaying hips left   右足右踏右擺臀, 左足左踏左擺臀**

**3&4**

**Step R foot to right; Step L foot beside R; Step R foot to right**

**右足右踏, 左足併踏, 右足右踏**

**5–6**

**Step L foot to left, swaying hips left; Step R foot to right, swaying hips right   左足左踏左擺臀, 右足右踏右擺臀**

**7&8**

**Step L foot to left; Step R foot beside L; Step L foot to left**

**左足左踏, 右足併踏, 左足左踏**

**第二段**

**Syncopated Weave ~ Rumba Box**

**變奏藤步, 倫巴方塊**

**1–2**

**Cross R foot in front of L; Step L foot side left**

**右足於左足前交叉踏, 左足左踏**

**3&4**

**Cross R foot behind L foot; Step L foot side left; Cross R foot in front of L  右足於左足後交叉踏, 左足左踏, 右足於左足前交叉踏**

**5&6**

**Step L foot side left; Step R foot beside L; Step L foot forward**

**左足左踏, 右足併踏, 左足前踏**

**7&8**

**Step R foot side right; Step L beside R; Step R foot back**

**右足右踏, 左足併踏, 右足後踏**

**第三段**

**Coaster Step ~ Walk Walk ~ Forward Rock ~ Side Rock ~ Back Rock Step**

**海岸步, 走 走, 下沉 回復, 右下沉 回復, 後曼波**

**1&2**

**Turn 1/8 right, stepping back on L; Step R foot beside L; Step L forward (facing 1 o’clock)**

**右轉45度左足後踏, 右足併踏, 左足前踏(面向1點鐘)**

**3–4**

**Walk R foot forward; Walk L foot forward (still facing 1 o’clock)**

**右足前走, 左足前走(面向1點鐘)**

**5&**

**Rock forward on R foot; Return wt. to L foot**

**右足前下沉, 左足回復**

**6&**

**Turn 1/8 right, rocking R foot to R; Return wt. to L foot (facing 3 o’clock)  右轉45度右足右下沉, 左足回復(面向3點鐘)**

**7&8**

**Rock back on R foot; Return wt. to L foot; Step R foot forward**

**右足後下沉, 左足回復, 右足前踏**

**第四段**

**Walk Walk ~ Forward ¼ Cross ~ Side Cross Side Cross**

**走 走, 踏 1/4 交叉, 右 交叉 右 交叉**

**1–2**

**Walk L foot forward; Walk R foot forward**

**左足前走, 右足前走**

**3&4**

**Step L forward; Pivot ¼ right, taking wt. on R foot; Cross L foot in front of right (facing 6 o’clock)**

**左足前踏, 右轉90度重心在右足, 左足於右足前交叉踏**

**5–8**

**Step R foot to right; Cross L in front of R; Step R foot to right; Cross L in front of R These 4 walks to the right are done with a R hip lead and bent knees, stepping first onto the ball of the foot before releasing heel to floor. - Think of strutting across the floor with major Broadway flair.**

**右足右踏, 左足於右足前交叉踏, 右足右踏, 左足於右足前交叉踏**

**最後這向右移動的四拍動作, 以右推臀彎膝的方式進行, 右踏都以踵離地的方式舞動, 試著以百老匯歌舞劇的表演來詮釋**