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| If You Can |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Roy Verdonk (NL) & José Miguel Belloque Vane (NL) - February 2015 | | | | |
| **Music:** | If You Can - Jolie Holiday | | | | |
| . | | | | | | |

**Intro: 32 counts - (The clock notation is the wall you are facing)**

**Walks (2X ), Lock Steps Diagonally Forward, Step ,1/2 Turn L**

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| --- | --- |
| 1-2 | Rf step forward, Lf step forward |

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| --- | --- |
| 3&4 | Rf step forward to right diagonal, Lf lock behind Rf ( & ), Rf step forward to right diagonal |

|  |  |
| --- | --- |
| 5&6 | Lf step forward to left diagonal, Rf lock behind Lf ( & ), Lf step forward to left diagonal |

|  |  |
| --- | --- |
| 7-8 | Rf step forward, make 1/2 turn left stepping Lf forward ( 6.00 ) |

**Step, 1/2 Turn L With Sweep, Sailor Step With 1/4 Turn R , Mambo Forward, 1/4 Turn L With Side Touch**

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| --- | --- |
| 1-2 | Rf step forward, make 1/2 turn left sweeping Lf from front to back ( 12.00 ) |

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| --- | --- |
| 3&4 | Lf cross behind Rf, make 1/4 turn right stepping Rf forward (&) , Lf step forward (3.00 ) |

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| --- | --- |
| 5&6 | Rf rock forward, recover onto Lf ( & ), Rf step back |

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| --- | --- |
| 7-8 | make 1/4 turn left stepping Lf left, Rf touch to right (12.00 ) |

**Full Turn R, Chasse R, Diamond Pattern With 1/2 Turn L**

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| --- | --- |
| 1-2 | make 1/4 turn right stepping Rf forward, make 1/2 turn left stepping Lf back |

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| --- | --- |
| 3&4 | make 1/4 turn right stepping Rf right, Lf step together ( & ), Rf step right |

|  |  |
| --- | --- |
| 5&6 | Lf cross in front of Rf, Rf step right ( & ), make 1/8 turn left, stepping Lf back to diagonal (10.30 ) |

|  |  |
| --- | --- |
| 7&8 | Rf step back to diagonal, make 1/8 turn left stepping Lf left ( 09.00 ) (&) , make 1/8 turn left stepping Rf forward (7.30 ) |

**Cross, Side, Sailor L With 1/4 Turn L, Mambo Forward R, Back, 1/2 Turn R, Step**

|  |  |
| --- | --- |
| 1-2 | make 1/8 turn left stepping Lf in front of Rf (6.00 ), Rf step right |

|  |  |
| --- | --- |
| 3&4 | Lf cross behind Rf, make 1/4 turn left stepping Rf right ( & ), Lf step forward (3.00 ) |

|  |  |
| --- | --- |
| 5&6 | Rf rock forward, recover onto Lf ( & ), Rf step back |

|  |  |
| --- | --- |
| 7&8 | Lf step back, make 1/2 turn right stepping Rf forward (&) , Lf step forward (9.00 ) |

**Enjoy the dance!**