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| Psycho |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Jill Babinec (USA) & Guyton Mundy (USA) - February 2015 | | | | |
| **Music:** | Psycho - Kimberly Cole : (Album: Bad Girls Club) | | | | |
| . | | | | | | |

**#32 Count Intro**

**[1-8] OUT, OUT, SAILOR , BALL SIDE with BODY DIP, BODY DIP 2x**

|  |  |
| --- | --- |
| 1-2 | Step R fwd on R diagonal, Step L fwd on L diagonal |

|  |  |
| --- | --- |
| 3&4 | Step R behind L, Step L to left side, Step R to rt side |

|  |  |
| --- | --- |
| &5-6 | Step ball L next to right (&), Step R to rt side as you slightly bend knees making a counter clockwise circle with body down then up (5-6) |

|  |  |
| --- | --- |
| 7-8 | While bending slightly with knees make a counter clockwise circle down then up (7), bend slightly with knees and make a ccw circle down then up (8) (wt ends on your right) |

**(OPTION FOR DIPS: rock shoulders R-L (5-6), R-L-R (7&8)**

**[&9-16&] BALL ROCK, RECOVER, COASTER ¼ TURN, WALK L R, CROSS ROCK BACK ROCK**

|  |  |
| --- | --- |
| &1-2 | Step ball L next to right, Rock R to rt side, Recover side L |

|  |  |
| --- | --- |
| 3&4 | Step R back as you make ¼ Rt turn, Step L next to R, Step R forward (3:00) |

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| --- | --- |
| 5-6 | Walk forward L - R |

|  |  |
| --- | --- |
| 7&8& | Cross L over right (7), Recover back on R (&), Rock back L (8), Recover forward on R (&) |

**[17-24] FWD ROCK, RECOVER, BACK L WITH SWEEP, BACK SWEEPS R-L, BEHIND & CROSS, SIDE ROCK RECOVER**

|  |  |
| --- | --- |
| 1&2 | Rock L forward (1), Recover back on R (&), Step back on L as sweep R (2) |

|  |  |
| --- | --- |
| 3-4 | Step back on R as sweep L, Step back on L as sweep R |

|  |  |
| --- | --- |
| 5&6 | Step R behind left, Step L to left side, Cross R over left |

|  |  |
| --- | --- |
| 7-8 | Rock L to left side, Recover side R |

**[25-32] BEHIND & CROSS, ROCK RECOVER, BEHIND, ¼ L TURN, ½ L TURN, ½ L TURN**

|  |  |
| --- | --- |
| 1&2 | Step L behind R, Step R to right side, Cross L over R |

|  |  |
| --- | --- |
| 3-4 | Rock R to right side, recover side L |

|  |  |
| --- | --- |
| 5-6 | Step R behind left, make ¼ L turn stepping L forward (12:00) |

|  |  |
| --- | --- |
| 7-8 | Make ¼ L turn stepping back on R (9:00), Make ½ L turn stepping L forward (3:00) |

**This step sheet maybe freely copied intact, however modifications may not be made without the permission of the choreographers**

**Contacts: www.djdrjill.com – www.funk-n-nline.com**