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| 5 Sugars Please |  |

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| . |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Sandra Burns (SCO) - March 2015 |
| **Music:** | Sugar - Maroon 5 |
| . |

**#16 count intro**

**S1: Kick Ball Point x 2, Right Shuffle Forward, Left Shuffle Forward**

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| 1 & 2 | Kick right forward. Step R beside L. Point L to L side. |

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| --- | --- |
| 3 & 4 | Kick left forward. Step L beside R. Point R to R side. |

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| --- | --- |
| 5 & 6 | Step forward right. Close left beside right. Step forward right. |

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| --- | --- |
| 7 & 8 | Step forward left. Close right beside left. Step forward left. |

**S2: Rock Forward, Full Turn Right, ½ Turn R Shuffle, Step Pivot ¼ R**

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| 1 – 2 | Rock forward right. Recover weight left. |

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| --- | --- |
| 3 – 4 | Make ½ turn right stepping forward right. Make ½ turn right stepping back left. |

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| --- | --- |
| 5 & 6 | Make ½ turn right stepping forward right. Step left next to right. Step forward right. (6) |

**Alternative for Steps 3 – 6: Make ½ turn right stepping forward right. Step forward left. Right shuffle forward RLR.**

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| --- | --- |
| 7 - 8 | Step L forward. Pivot 1/4 turn right. (9) |

**S3: Cross, Side, Sailor Step, Cross, Side, Right Sailor ¼ Turn Right**

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| --- | --- |
| 1 - 2 | Cross left over right. Step right to R side. |

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| --- | --- |
| 3 & 4 | Step left behind right. Step right to right side. Step left to left side. |

|  |  |
| --- | --- |
| 5 - 6 | Cross right over left. Step left to L side |

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| --- | --- |
| 7 & 8 | Step right behind left. ¼ turn right stepping left to left side. Step right to right side. (12) |

**S4: Side Rock, Step, Side Rock, Step, Rock Forward, ¾ Turn L Shuffle**

|  |  |
| --- | --- |
| 1 & 2 | Rock left to left side. Recover onto right. Step left forward. |

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| --- | --- |
| 3 & 4 | Rock right to right side. Recover onto left. Step right forward. |

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| --- | --- |
| 5 – 6 | Rock forward left. Recover weight right. |

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| 7 & 8 | 3/4 turn left shuffle stepping left right left. (3) |

**S5: Point, Point, Sailor Step x 2**

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| --- | --- |
| 1 - 2 | Point R forward. Point R to R side. |

|  |  |
| --- | --- |
| 3 & 4 | Cross right behind left. Step left to left side. Step right to side. |

|  |  |
| --- | --- |
| 5 – 6 | Point L forward. Point L to L side. |

|  |  |
| --- | --- |
| 7 & 8 | Cross left behind right. Step right to right side. Step left to side. |

**S6: Cross, Side, Behind, Side, Cross, Side, Back Rock, Kick Ball**

|  |  |
| --- | --- |
| 1 - 2 | Cross right over left. Step left to L side. |

|  |  |
| --- | --- |
| 3 & 4 | Step right behind left. Step left to L side. Cross right over left. |

|  |  |
| --- | --- |
| 5 - 7 | Step left to side. Rock back right. Recover weight left. |

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| --- | --- |
| 8 & | Kick right forward. Step right beside left. |

**S7: Cross, Side, Behind, Side, Cross, Side, Back Rock, Ball Cross**

|  |  |
| --- | --- |
| 1 - 2 | Cross left over right. Step right to R side. |

|  |  |
| --- | --- |
| 3 & 4 | Step left behind right. Step right to R side. Cross left over right. |

|  |  |
| --- | --- |
| 5 - 7 | Step right to R side. Rock back left. Recover weight right. |

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| & 8 | Step left to L side. Cross right over left. |

**S8: ¼ Turn R, Coaster Step, Side Rock, Step, Side Rock, Step, Step**

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| 1,2&3 | ¼ Turn R Step back on L. (6) Step Back on R. Step L Next to R. Step Forward on R. |

|  |  |
| --- | --- |
| 4 & 5 | Rock left to left side. Recover onto right. Step left forward. |

|  |  |
| --- | --- |
| 6 & 7 | Rock right to right side. Recover onto left. Step right forward. |

|  |  |
| --- | --- |
| 8 | Step L forward |

**Contact: slcr1205@gmail.com**

**Last Update – 11th March 2015**