|  |  |
| --- | --- |
| Long Time Gone |  |

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| . | | | | | | |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Gavin Preedy (UK) - May 2015 | | | | |
| **Music:** | Long Time Gone - Nathan Carter | | | | |
| . | | | | | | |

**#64 count intro**

**Section One: Point left toe out, in, out, hold, behind, side, cross, hold.**

|  |  |
| --- | --- |
| 1-2 | point Left toe out, touch left beside right. |

|  |  |
| --- | --- |
| 3-4 | point left toe out, hold. |

**Restart here on wall 8 replacing count 4 with a touch left beside right.**

|  |  |
| --- | --- |
| 5-6 | step left foot behind right, step right foot to right side. |

|  |  |
| --- | --- |
| 7-8 | cross left foot over right, hold. |

**Section Two: Point right toe out, in, out, hold behind, side, cross hold.**

|  |  |
| --- | --- |
| 1-2 | point right toe out, touch right beside left. |

|  |  |
| --- | --- |
| 3-4 | point right toe out, hold. |

|  |  |
| --- | --- |
| 5-6 | step right foot behind left, step left foot to left side. |

|  |  |
| --- | --- |
| 7-8 | cross right foot over left, hold. |

**Section Three: Side together, step forward left, hold. Right shuffle forward, hold.**

|  |  |
| --- | --- |
| 1-2 | step left foot to left side, close right foot next to left. |

|  |  |
| --- | --- |
| 3-4 | step left foot forward, hold |

|  |  |
| --- | --- |
| 5-6 | step right foot forward, close left foot next to right. |

|  |  |
| --- | --- |
| 7-8 | step right foot forward, hold. |

**Section Four: Left mambo forward, right sailor 1/4 turn right.**

|  |  |
| --- | --- |
| 1-2 | rock left foot forward, recover weight onto right. |

|  |  |
| --- | --- |
| 3-4 | close left foot next to right, hold |

**Restart here replacing count 4 with step back onto right foot.**

|  |  |
| --- | --- |
| 5-6 | make a 1/4 turn right by sweeping right behind left. Step down onto right foot. |

|  |  |
| --- | --- |
| 7-8 | step left foot to left side, step right foot to right side. |

**Restarts: both at 9 o'clock**

**Wall 4. Section 4. - Replace count 4 for a step back onto right foot then Restart the dance.**

**Wall 8. Section 1. - Replace count 4 for touch left foot beside right then Restart the dance.**

**Contact: Mrgavinterrypreedy@aol.com**