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| Shut Up & Dance EZ |  |

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| **Count:** | 16 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Lynn Card (USA) - June 2015 |
| **Music:** | Shut Up and Dance - WALK THE MOON |
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**(No Tags, No Restarts , Great For Floor Splits)**

**Start on first vocal**

**WALK FORWARD R, L, R, KICK L**

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| --- | --- |
| 1,2,3,4 | Walk R forward, Walk L forward, Walk R forward, Kick L forward |

**WALK BACK L, R, L, R, TOUCH R**

|  |  |
| --- | --- |
| 5,6,7,8 | Walk L back, Walk R back, Walk L back, Touch R next to L |

**STEP RIGHT SIDE, TOUCH L, STEP LEFT SIDE, TOUCH R**

|  |  |
| --- | --- |
| 1,2,3,4 | Step R to right side, Touch L next to R, Step L to left side, Touch R next to L |

**OUT OUT, CLAP, TWIST, TWIST with 1/4 TURN**

|  |  |
| --- | --- |
| &5,6,7,8 | Step R out to right side, Step L out to left side, (shoulder width apart), Clap, Twist heels to the left, Twist heels to the right and make a ¼ turn to the left ending with weight on L |

**(now facing new wall 9 o’clock)**

**Contact - Lynncard28@gmail.com - YouTube: lynncard28**