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| Second Hand Heart |  |

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| . |
| **Count:** | 64 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Maggie Gallagher (UK) - October 2015 |
| **Music:** | Second Hand Heart (feat. Kelly Clarkson) - Ben Haenow : (amazon) |
| . |

**Intro: 8 counts**

**S1: TOUCH BALL CROSS, SIDE, ¼ L SAILOR, WALK R, ½ R, ½ R SHUFFLE**

|  |  |
| --- | --- |
| 1&2,3 | Touch right next to left, Step on ball of right, Cross left over right, Step right to right side |

|  |  |
| --- | --- |
| 4&5 | Cross left behind right, ¼ left stepping right to right side, Step forward on left [9:00] |

|  |  |
| --- | --- |
| 6-7 | Walk forward right, ½ right stepping back on left [3:00] |

|  |  |
| --- | --- |
| 8&1 | ¼ right stepping right to right side, Step left next to right, ¼ right stepping forward on right [9:00] |

**S2: ROCK FWD, ½ L SHUFFLE, ¼ L SIDE, L SAILOR**

|  |  |
| --- | --- |
| 2-3 | Rock forward on left, Recover on right |

|  |  |
| --- | --- |
| 4&5 | ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [3:00] |

|  |  |
| --- | --- |
| 6 | ¼ left taking big step on right to right side [12:00] |

|  |  |
| --- | --- |
| 7&8 | Cross left behind right, Step right to right side, Step left to left side \*Restart Wall 2 |

**S3: CROSS ROCK, TRIPLE FULL TURN, ROCK FWD, JUMP BACK L, R, WALK BACK**

|  |  |
| --- | --- |
| 1-2 | Slightly cross rock right over left, Recover on left |

|  |  |
| --- | --- |
| 3&4 | Triple full turn right stepping right left right |

|  |  |
| --- | --- |
| 5-6 | Rock forward on left, Recover on right |

|  |  |
| --- | --- |
| &7-8 | Jump back and out on left, Jump back and out on right, Walk back on left |

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**S4: ROCK BACK, R KICK BALL CHANGE, R DOROTHY, L DOROTHY**

|  |  |
| --- | --- |
| 1-2 | Rock back on right, Recover on left |

|  |  |
| --- | --- |
| 3&4 | Kick right forward, Step right next to left, Step left next to right |

|  |  |
| --- | --- |
| 5-6& | Step forward right, Lock left behind right, Step forward right |

|  |  |
| --- | --- |
| 7-8& | Step forward left, Lock right behind left, Step forward left |

**S5: SIDE ROCK & SIDE ROCK, CROSS, ¼ L, ½ L SHUFFLE**

|  |  |
| --- | --- |
| 1-2 | Rock right to right side, Recover on left |

|  |  |
| --- | --- |
| &3-4 | Step right next to left, Rock left to left side, Recover on right |

|  |  |
| --- | --- |
| 5-6 | Cross left over right, ¼ left stepping back on right [9:00] |

|  |  |
| --- | --- |
| 7&8 | ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [3:00] |

**S6: WALK R, L, ANCHOR STEP, BACK L, R, L COASTER**

|  |  |
| --- | --- |
| 1-2 | Walk forward right, Walk forward left |

|  |  |
| --- | --- |
| 3&4 | Lock right behind left, Step weight onto left, Step slightly back on right |

|  |  |
| --- | --- |
| 5-6 | Walk back left, Walk back right |

|  |  |
| --- | --- |
| 7&8 | Step back on left, Step right next to left, Step forward on left |

**S7: ROCK FWD & TOUCH, UP, DOWN & ROCK FWD & POINT L & R**

|  |  |
| --- | --- |
| 1-2 | Rock forward on right, Recover on left |

|  |  |
| --- | --- |
| &3&4 | Step back on right, Touch left toe forward, Bump hips up, Bump hips down (weight on right) |

|  |  |
| --- | --- |
| &5-6 | Step left next to right, Rock forward on right, Recover on left |

|  |  |
| --- | --- |
| &7&8 | Step right next to left, Point left to left side, Step left next to right, Point right to right side |

**S8: R SAILOR, BEHIND SIDE CROSS, JUMP OUT R, L, WALK BACK, L COASTER**

|  |  |
| --- | --- |
| 1&2 | Cross right behind left, Step left to left side, Step right to right side |

|  |  |
| --- | --- |
| 3&4 | Cross left behind right, Step right to right side, Cross left over right |

|  |  |
| --- | --- |
| &5-6 | On slight right diagonal jump out right, Jump out left, Walk back right |

|  |  |
| --- | --- |
| 7&8 | Straightening up step back on left, Step right next to left, Step forward on left [3:00] |

**RESTART: Wall 2 after 16 counts [3:00]**

**ENDING: The dance finishes on S8 counts 1&2, replace these counts with a sailor ¼ right to finish at 12:00**