|  |  |
| --- | --- |
| K Polka |  |

.

|  |
| --- |
| . |
| **Count:** | 40 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Kay Needham (USA) - October 2015 |
| **Music:** | Una Paloma Blanca - George Baker |
| . |

**S1: Walk forward 3, hitch (clap); Walk back 3, touch (clap)**

|  |  |
| --- | --- |
| 1-4 | Left Walk forward 3 (L-R-L) & hitch right knee on 4 (slight hop) (clap optional) |

|  |  |
| --- | --- |
| 5-8 | Right Walk back 3 (R-L-R) & touch left beside right (clap optional) |

|  |
| --- |
|  |

**S2: Vine Left; Vine Right - (Drunken Schottische)**

|  |  |
| --- | --- |
| 1-4 | Vine left L-R-L , touch R & clap |

|  |  |
| --- | --- |
| 5-8 | Vine right R-L-R, touch L & clap |

|  |
| --- |
|  |

**S3: (Heel & Toe Polka)**

|  |  |
| --- | --- |
| 1-4 | Touch left heel at a 45º angle, touch left toe beside right foot & shuffle in place (L,R,L) |

|  |  |
| --- | --- |
| 5-8 | Touch right heel at a 45º angle, touch right toe beside left foot & shuffle in place (R,L,R) |

|  |
| --- |
|  |

**S4: (Jessie Polka)**

|  |  |
| --- | --- |
| 1-4 | Touch left heel forward, step weight on left foot back to center, touch right toe back, touch right toe beside left |

|  |  |
| --- | --- |
| 5-8 | Touch right heel forward, step in place on right foot, Touch left heel forward, bend left over knee (hook) |

|  |
| --- |
|  |

**S5: Stomp**

|  |  |
| --- | --- |
| 1-4 | Step left, stomp right beside left, step left, on (4) turn ¼ right and hook right foot |

|  |  |
| --- | --- |
| 5-8 | Stomp forward on right, left, right; on (8) turn left ½ and hook left foot |

**Contact: jkneeedham@gmail.com**