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| Rock This Factor |  |

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| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Daniel Whittaker (UK) & Simon Ward (AUS) - November 2015 | | | | |
| **Music:** | Always On My Mind (feat. Big Ali & Mohamed Lamine) - DJ Idsa : (iTunes) | | | | |
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**If you have any problems obtaining music please contact either Daniel or Simon on the emails above or via Facebook**

**START: Start on vocals (64 Count Intro), Section Footwork description Facing - No Tags, No Restarts**

**[1-8] Cross over, side, back rock, ball cross, side, Sailor step**

|  |  |
| --- | --- |
| 1-2 | Cross right over left, step left to left side 12:00 |

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| --- | --- |
| 3-4 | Turning to face right diagonal rock right back, Recover weight forward on left 01:00 |

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| &5-6 | Turn to face 12:00 wall and step right to right side, cross left over right, step right to right side 12:00 |

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| --- | --- |
| 7&8 | Step left behind right, step right to right side, make ¼ turn left stepping left forward 09:00 |

**[9-16] Right samba step, Left samba stap, diagonal rock step walk back right-left**

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| --- | --- |
| 1&2 | Step right over left, rock left to left side, recover weight on right 09:00 |

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| 3&4 | Step left over right, rock right to right side, recover weight on left at the same time turn to face 7:30 07:30 |

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| 5-6 | Rock right forward, recover weight on left 07:30 |

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| 7-8 | Walk back right-left 07:30 |

**[17-24] Step back, touch (Style), forward point, cross over, side, sailor step ¼ turn**

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| 1-2 | Step right foot back, touch left toe slightly forward 07:30 |

**NOTE To add style to counts 1-2 you need to bring right shoulder back and naturally your body will face 9:00 wall**

**(Think of the dance “All I Can Say”)**

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| --- | --- |
| 3-4 | Step left foot forward turning 1/8 left to face 6:00 wall, point right to right side 06:00 |

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| 5-6 | Step right foot over left foot, step left to left side 06:00 |

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| --- | --- |
| 7&8 | Step right behind left, step left to left side, make ¼ turn right stepping right foot forward 09:00 |

**[25-32] Walk forward left, right, shuffle, rock step, shuffle ½ turn**

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| 1-2 | Walk forward left-right 09:00 |

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| --- | --- |
| 3&4 | Shuffle forward L-R-L 09:00 |

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| 5-6 | Rock right foot forward, recover weight on left 09:00 |

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| 7&8 | Shuffle ½ turn right stepping R-L-R 03:00 |

**[33-40] ½ turn walk back Left, Right, Coaster cross, Side rock, Behind-side-cross**

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| 1-2 | Make a further ½ turn right to face 9:00 wall and walk back left, right 09:00 |

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| 3&4 | Step left foot back, step right beside left, cross left over right 09:00 |

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| 5-6 | Rock right to right side, recover weight on left 09:00 |

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| 7&8 | Step right behind left, step left ot left side, cross right over left 09:00 |

**[41-48] Side rock, cross shuffle, side hold, ball-step, ball-step ¼ turn**

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| --- | --- |
| 1-2 | Rock left to left side, recover on right foot slightly turning body slightly right 09:00 |

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| 3&4 | Cross left over right, step right to right side, cross left over right 09:00 |

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| 5-6 | Step right to right side, hold (Styling with left hip to left) 09:00 |

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| &7&8 | Step left next to right, step right to right side, step left next to right, step right to right making ¼ turn right 12:00 |

**[49-56] Step ½ turn, step forward, point right out-forward-out, salior step**

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| --- | --- |
| 1-4 | Step left foot forward, make ½ turn right, step left foot forward, touch right to right side 06:00 |

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| 5-6 | Touch right toe forward, touch right toe to right side 06:00 |

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| --- | --- |
| 7&8 | Step right behind left, step left to left side, step right to right side 06:00 |

**[57-64] Cross over ¼ turn, back-lock-back, rock step, ½ turn, ¼ turn**

|  |  |
| --- | --- |
| 1-2 | Cross left over right, make ¼ turn left stepping right back 03:00 |

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| --- | --- |
| 3&4 | Step left foot back, cross right over left, step left foot back 03:00 |

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| --- | --- |
| 5-6 | Rock right foot back, recover weight on left foot 03:00 |

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| 7-8 | Make ½ turn left stepping right foot back (09:00), make ¼ turn left steppin left foot to left side (06:00) 06:00 |

**ENDING To end this dance facing the front wall you will dance up to count 6 on section 4 (25-32) make a further ¼ turn right and stepping left to left side to face front wall Da-Daaaa!**

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