|  |  |
| --- | --- |
| Friend Zone |  |

.

|  |
| --- |
| . |
| **Count:** | 64 | **Wall:** | 1 | **Level:** | Phrased Novice / Intermediate | . |
| **Choreographer:** | Pim van Grootel (NL) & Bella Scholtzé - December 2015 |
| **Music:** | Friend Zone - Danielle Bradbery |
| . |

**Starts after: After 16 Counts - Sequence: A,B,C, A,B,C, B,Tag, C,C, B,B, A**

**Part A: 32 counts**

**A1: Heel Fwd, Touch, Side Touch, Kick Fwd, Close, Step Out, Bounce 2x, Sailor R, L, Close Step**

|  |  |
| --- | --- |
| 1 | RF Heel forward |

|  |  |
| --- | --- |
| & | RF Touch next to LF |

|  |  |
| --- | --- |
| 2 | RF Touch to right side |

|  |  |
| --- | --- |
| & | RF Touch next to LF |

|  |  |
| --- | --- |
| 3 | RF Kick forward |

|  |  |
| --- | --- |
| & | RF Step next to LF |

|  |  |
| --- | --- |
| 4 | LF Step to left side, Bounce the shoulders |

|  |  |
| --- | --- |
| & | Bounce the shoulders |

|  |  |
| --- | --- |
| 5 | RF Cross behind LF |

|  |  |
| --- | --- |
| & | LF Small step to left side |

|  |  |
| --- | --- |
| 6 | RF Small step to right side |

|  |  |
| --- | --- |
| & | LF Cross behind RF |

|  |  |
| --- | --- |
| 7 | RF Small step to right |

|  |  |
| --- | --- |
| & | LF Small step to left |

|  |  |
| --- | --- |
| 8 | RF Close next to LF |

**A2: Heel Fwd, Touch, Side Touch, Kick Fwd, Close, Step Out, Bounce 2x, Sailor R, L, Close Step**

|  |  |
| --- | --- |
| 1 | LF Heel forward |

|  |  |
| --- | --- |
| & | LF Touch next to RF |

|  |  |
| --- | --- |
| 2 | LF Touch to left side |

|  |  |
| --- | --- |
| & | LF Touch next to RF |

|  |  |
| --- | --- |
| 3 | LF Kick forward |

|  |  |
| --- | --- |
| & | LF Step next to RF |

|  |  |
| --- | --- |
| 4 | RF Step to right side, Bounce the shoulders |

|  |  |
| --- | --- |
| & | Bounce the shoulders |

|  |  |
| --- | --- |
| 5 | LF Cross behind RF |

|  |  |
| --- | --- |
| & | RF Small step to right side |

|  |  |
| --- | --- |
| 6 | LF Small step to left side |

|  |  |
| --- | --- |
| & | RF Cross behind LF |

|  |  |
| --- | --- |
| 7 | LF Small step to left |

|  |  |
| --- | --- |
| & | RF Small step to Right |

|  |  |
| --- | --- |
| 8 | LF Close next to RF |

**A3: Step Diagonal R, Sailor Step L, Step Diagonal L, Sailor Step R Turn 3/8 Turn R, Step Diagonal R, Sailor Step L 1/8 Turn R, Step Left Diagonal, Sailor Step R ½ Turn R**

|  |  |
| --- | --- |
| 1 | RF Step diagonal Right forward (1.30) |

|  |  |
| --- | --- |
| 2 | LF Cross behind RF |

|  |  |
| --- | --- |
| & | RF Small step to right side |

|  |  |
| --- | --- |
| 3 | LF Step diagonal Left forward (10.30) |

|  |  |
| --- | --- |
| 4 | RF Cross behind LF |

|  |  |
| --- | --- |
| & | LF ¼ Turn Right, Stepping in place |

|  |  |
| --- | --- |
| 5 | RF Step diagonal Right forward (4.30) |

|  |  |
| --- | --- |
| 6 | LF Cross behind RF |

|  |  |
| --- | --- |
| & | RF 1/8 Turn Right, Stepping forward (6.00) |

|  |  |
| --- | --- |
| 7 | LF Step diagonal Left forward |

|  |  |
| --- | --- |
| 8 | RF Cross behind LF |

|  |  |
| --- | --- |
| & | LF ¼ Turn Right, Stepping in place (3.00) |

|  |  |
| --- | --- |
| 1 | RF ¼ Turn Right, Stepping forward (12.00) |

**A4: Walk L Fwd, Mambo R, Step Back, Bounce 2x, Diagonal L Back, Touch, Diagonal R Back, Touch, Coaster Step**

|  |  |
| --- | --- |
| 2 | LF Step forward |

|  |  |
| --- | --- |
| 3 | RF Step forward |

|  |  |
| --- | --- |
| & | LF Recover weight |

|  |  |
| --- | --- |
| 4 | RF Step backwards, Bounce Shoulders |

|  |  |
| --- | --- |
| & | Bounce Shoulders |

|  |  |
| --- | --- |
| 5 | LF Step diagonal Left backwards |

|  |  |
| --- | --- |
| 7 | RF Touch next to LF |

|  |  |
| --- | --- |
| 6 | RF Step diagonal Right backwards |

|  |  |
| --- | --- |
| & | LF Touch next to RF |

|  |  |
| --- | --- |
| 7 | LF Step backwards |

|  |  |
| --- | --- |
| & | RF Close next to LF |

|  |  |
| --- | --- |
| 8 | LF Step forward |

**Part B: 16 counts**

**B1: Side Step, Together, Cross, ¼ Turn L, Step ½ Turn L, ¼ Turn L, Touch, Side Step, Cross, Side, Behind**

|  |  |
| --- | --- |
| 1 | RF Step to right side |

|  |  |
| --- | --- |
| 2 | LF Close next to RF |

|  |  |
| --- | --- |
| & | RF Cross over LF |

|  |  |
| --- | --- |
| 3 | LF ¼ Turn Left, Stepping forward (9.00) |

|  |  |
| --- | --- |
| 4 | RF Step forward |

|  |  |
| --- | --- |
| & | LF ½ Turn L, Stepping forward (3.00) |

|  |  |
| --- | --- |
| 5 | RF ¼ Turn L, Stepping to right side (12.00) |

|  |  |
| --- | --- |
| & | LF Touch next to RF |

|  |  |
| --- | --- |
| 6 | LF Step to left side |

|  |  |
| --- | --- |
| 7 | RF Cross over LF |

|  |  |
| --- | --- |
| & | LF Step to left side |

|  |  |
| --- | --- |
| 8 | RF Cross behind LF |

**B2: Rock Side, ¼ Turn R, ¾ Turn R, Cross Step, Step Back ¼ Turn L, ¼ Turn L, ½ Turn L, Walk L,R,L**

|  |  |
| --- | --- |
| 1 | LF Big step to left side |

|  |  |
| --- | --- |
| 2 | RF ¼ Turn Right, Stepping forward (3.00) |

|  |  |
| --- | --- |
| 3 | LF ½ Turn Right, Stepping backwards (9.00) |

|  |  |
| --- | --- |
| & | RF ¼ Turn Right, Stepping to right side (12.00) |

|  |  |
| --- | --- |
| 4 | LF Cross over RF |

|  |  |
| --- | --- |
| 5 | RF ¼ Turn Left, Stepping backwards (9.00) |

|  |  |
| --- | --- |
| 6 | LF ¼ Turn Left, Stepping forward (6.00) |

|  |  |
| --- | --- |
| 7 | RF ½ Turn Left, Stepping backwards (12.00) |

|  |  |
| --- | --- |
| & | LF Small step backwards |

|  |  |
| --- | --- |
| 8 | RF Small step backwards |

|  |  |
| --- | --- |
| & | LF Small step backwards |

**Part C: 16 counts**

**C1: Step Side, Hip Rolls, Weight Change, Hip Rolls, Ball Cross**

|  |  |
| --- | --- |
| 1 | RF Step to right side |

|  |  |
| --- | --- |
| 2 | Roll hips |

|  |  |
| --- | --- |
| 3 | Roll hips |

|  |  |
| --- | --- |
| 4 | Roll hips |

|  |  |
| --- | --- |
| 5 | LF Recover weight |

|  |  |
| --- | --- |
| 6 | Roll hips |

|  |  |
| --- | --- |
| 7 | Roll hips |

|  |  |
| --- | --- |
| & | RF Close next to LF |

|  |  |
| --- | --- |
| 8 | LF Cross over RF |

**C2: Step Diagonal R Fwd, Touch, Step Diagonal L Fwd, Touch, 2X Step Fwd ½ Turn L, Step Fwd ½ Turn L, Touch**

|  |  |
| --- | --- |
| 1 | RF Step diagonal Right forward |

|  |  |
| --- | --- |
| & | LF Touch next RF |

|  |  |
| --- | --- |
| 2 | LF Step diagonal Left forward |

|  |  |
| --- | --- |
| & | RF Touch next to LF |

|  |  |
| --- | --- |
| 3 | RF Step diagonal Right forward |

|  |  |
| --- | --- |
| & | LF Touch next to RF |

|  |  |
| --- | --- |
| 4 | LF Step diagonal Left forward |

|  |  |
| --- | --- |
| & | RF Touch next to LF |

|  |  |
| --- | --- |
| 5 | RF Step forward |

|  |  |
| --- | --- |
| 6 | LF ½ Turn Left, Stepping forward |

|  |  |
| --- | --- |
| 7 | RF Step forward |

|  |  |
| --- | --- |
| & | LF ½ Turn Left, Stepping forward |

|  |  |
| --- | --- |
| 8 | RF Touch next to LF |

**NOTE’S:**

**Tag: The Tag will take place after doing part B for the third time, (you have done A,B,C,A,B,C,B) doing the following steps:**

**Step Side, Touch, Step Side, Touch**

|  |  |
| --- | --- |
| 1 | RF Step to right side |

|  |  |
| --- | --- |
| 2 | LF Touch to left side |

|  |  |
| --- | --- |
| 3 | LF Step to left side |

|  |  |
| --- | --- |
| 4 | RF Touch to right side |

**After this Tag you will continue the dance with part C.**

**Have Fun, Good Luck and Enjoy**