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| Show Me Your Moves |  |

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| **Count:** | 64 | **Wall:** | 2 | **Level:** | Phrased Intermediate / Advanced | . |
| **Choreographer:** | Brenna Stith (USA) - December 2015 | | | | |
| **Music:** | Show Me Your Moves - Haley Reinhart | | | | |
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**Sequence: A Tag1 B A Tag2 A Tag1 B A B- B A A**

**#8 count intro**

**Part A- 32 counts**

**A1: WALK X2, ANCHOR STEP, ½ TURN, ½ TURN, ¼ TURN, CROSS**

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| 1 2 | Walk fwd R (1), Walk fwd L (2) (12:00) |

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| 3 & 4 | Cross R slightly behind L (3), Step L in place (&), Step R back (4) (12:00) |

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| 5 6 | Make a ½ turn L stepping L fwd (5), Make a ½ turn L stepping back on R (6) (12:00) |

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| 7 8 | Make a ¼ turn L stepping L to side (7), Cross R over L (8) (9:00) |

**A2: ¼ TURN, MAMBO STEP, COASTER CROSS ¼ TURN, ¼ TURN, PADDLE ½ TURN**

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| 1 | Make a ¼ turn stepping fwd on L (1) (6:00) |

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| 2&3 | Rock fwd on R (2), Recover back on L (&), Step R next to L (3) (6:00) |

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| 4&5 | Step back on L (4), Step R next to L (&), Make a ¼ turn L crossing L over R (5) (3:00) |

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| 6 | Make a ¼ turn R stepping R fwd (6) (6:00) |

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| &7&8 | Make a ¼ turn by hitching L knee (&) point L to side (7), Make a ¼ turn by hitching L knee (&) point L to side (8)(12:00) |

**(Note: the hitches in these 2 counts are not strong hitch’s, it is more of a transition move)**

**A3: CROSS & KICK & X 2, CROSSING SHUFFLE, “C” BUMP**

|  |  |
| --- | --- |
| 1&2& | Cross L over R (1), Step R to side (&), Kick L fwd (2), Step down on L (&) (12:00) |

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| --- | --- |
| 3&4& | Cross R over L (3), Step L to side (&), Kick R fwd (4), Step down on R (&) (12:00) |

|  |  |
| --- | --- |
| 5 & 6 | Step L across R (5), Step R to side (&), Step L across R (6) (12:00) |

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| --- | --- |
| 7 & 8 | Lift R foot and hip up (7), Touch R to side and return hip to center (&), Place weight on R and sit into hip (8) |

**A4: ¼ TURN, STEP, SIDE ROCK RECOVER, CROSS, ¼ TURN, ½ TURN, PIVOT ½ TURN**

|  |  |
| --- | --- |
| 1 2 | Make a ¼ turn L stepping L fwd (1), Step fwd R (2) (9:00) |

|  |  |
| --- | --- |
| 3 & 4 | Rock L to side (3), Recover onto R (&), Cross L over R (4) (9:00) |

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| 5 6 | Make a ¼ turn L stepping back on R (5), Make a ½ turn L stepping fwd on L (6) (12:00) |

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| --- | --- |
| 7 8 | Step fwd R (7), Make a ½ turn L placing weight onto L (8) (6:00) |

**Tag 1: At the end of the 1st repetition (facing 6.00) and the end of the 3rd repetition (facing 12.00) of section ‘A’ add the following 4 count tag:**

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| 1234 | Step R to right diagonal (1) roll hips clockwise (2,3,4) |

**Tag 2: At the end of the 2nd repetition of A do the following 4 count tag facing 6.00**

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| 1&2 | Rock R to right side (1), recover weight L (&), cross R over L (2), |

|  |  |
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| 3&4 | Rock L to left side (3), recover weight R (&), cross L over R (4) |

**Part B- 32 counts**

**B1: FWD HIP BUMPS X2, PIVOT ¼ TURN X2**

|  |  |
| --- | --- |
| 1 & 2 | Step R fwd as you bump R hip to the diagonal (1), Bring hip back to center (&), Place weight onto R (2) (6:00) |

|  |  |
| --- | --- |
| 3 & 4 | Step L fwd as you bump L hip to the diagonal (3), Bring hip back to center (&), Place weight onto L (4) (6:00) |

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| 5678 | Step fwd on R (5), Make a 1/4 turn placing weight onto L (6), Step fwd on R (7), Make a 1/4 turn placing weight onto L (8) (Roll your hips with each pivot, 12:00) |

**B2: FWD MAMBO, BACK MAMBO, PIVOT ½ TURN X2**

|  |  |
| --- | --- |
| 1 & 2 | Rock fwd on R (1), Recover back on L (&), Step R next to L (2) (12:00) |

|  |  |
| --- | --- |
| 3 & 4 | Rock back on L (3), Recover fwd on R (&), Step L next to R (4) (12:00) |

|  |  |
| --- | --- |
| 5 6 | Step fwd R (5), Make a ½ turn L placing weight onto L (6) (6:00) |

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| --- | --- |
| 7 8 | Step fwd R (7), Make a ½ turn L placing weight onto L (8)(12:00) |

**Restart: During the 3rd repetition of ‘B’ (labeled as B- in the sequence) restart the dance here facing 6.00**

**B3: KICK & TOUCH, HEEL TWIST X2, COASTER STEP, PIVOT ½ TURN**

|  |  |
| --- | --- |
| 1 & 2 | Kick R fwd (1), Step back on ball of R (&), Touch L fwd (2) (12:00) |

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| --- | --- |
| &3&4 | Twist heels L (&), twist heels center (3), twist heels L (&), twist heels center (weight ends R) (4) (12:00) |

|  |  |
| --- | --- |
| 5 & 6 | Step back on L (5), Step R next to L (&), Step fwd L (6) (12:00) |

|  |  |
| --- | --- |
| 7 8 | Step fwd R (7), Make a ½ turn L placing weight onto L (8) (6:00) |

**B4: SHUFFLE, PIVOT ¼ TURN, CROSS, ¼ TURN, ½ TURN, CHUG X2**

|  |  |
| --- | --- |
| 1 & 2 | Step fwd R (1), Step L next to R (&), Step fwd R (2) (6:00) |

|  |  |
| --- | --- |
| 3 4 | Step fwd L (3), Make a ¼ turn R placing weight onto R (4) (9:00) |

|  |  |
| --- | --- |
| 5 & 6 | Cross L over R (5), Make a ¼ turn L stepping back on R (&), Make a ½ turn L stepping fwd on L (6) (12:00) |

|  |  |
| --- | --- |
| 7 8 | Step R fwd while bending L knee (7), Step Left fwd while bending R knee (8) (12:00) |

**Contact email: bren.stith26@gmail.com**