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| Sunday Morning Girl (假日晨女) (zh) |  |

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| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Andrew Palmer (UK), Simon Cox (UK) & Sheila Palmer (UK) - 2007年06月 |
| **Music:** | Sunday Girl - Erasure |
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**第一段**

**TOE. KICK-BALL-CHANGE. SIDE. SAILOR-STEP. SAILOR-TURN 1/4**

**點, 踢交換步, 側踏, 水手步, 轉1/4水手步**

**1,2&3,4**

**Touch R toe in place, R kick-ball-change, step R to side**

**右足趾原地點, 右足踢交換步, 右足側踏**

**5&6,7&8**

**L sailor-step, R sailor-step 1/4 turn R (3:00)**

**左足水手步, 右足右轉90度水手步**

**第二段**

**CROSS. POINT. CROSS. POINT. BEHIND. POINT. BEHIND. UN-WIND**

**交叉, 點, 交叉, 點, 後, 點, 後, 旋繞**

**1-4**

**Cross L over R, point R to side, cross R over L, point L to side**

**左足於右足前交叉踏, 右足側點, 右足於左足前交叉踏, 左足側點**

**5-8**

**Step L behind R, point R to side, touch R behind L, un-wind 1/2 turn R (9:00).**

**左足於右足後踏, 右足側點, 右足於左足後點, 右旋繞180度(9點鐘)**

**第三段**

**STEP. TOUCH. HEEL-JACK. STEP. TOUCH. SIDE-ROCK. RECOVER. BEHIND. TURN. STEP 踏, 點, 踵點, 踏, 點, 側下沉, 回復, 後, 轉, 踏**

**1,2&3&4**

**Step fwd L, touch R beside L, step back R, touch L heel fwd, step L in place, touch R beside L**

**左足前踏, 右足於左足後點, 右足後踏, 左足踵前點, 左足踏, 右足於左足後點**

**5,6,7&8**

**Rock R to side, recover, step R behind L, 1/4 turn L (6:00) step fwd L, step fwd R**

**右足右下沉,回復, 右足於左足後踏, 左轉90度(6點鐘)左足前踏, 右足前踏**

**第四段**

**ROCK. RECOVER. COASTER-STEP. ROCK. RECOVER. TURN 1/2. TURN 1/4.**

**下沉, 回復, 海岸步, 下沉, 回復, 轉1/2, 轉1/4**

**1,2,3&4**

**Rock fwd L, recover, L coaster-step**

**左足前下沉, 右足回復, 左海岸步**

**5-8**

**Rock fwd R, recover, 1/2 turn R (12:00) step fwd R, 1/4 turn R (3:00) step L to side.**

**右足前下沉, 右轉180度(12點鐘)右足前踏, 右轉90度左足左踏**

**第五段**

**SAILOR-TURN ¼. STEP. SWEEP. STEP. SWEEP. ROCK. RECOVER**

**水手-轉1/4, 踏, 旋繞, 踏, 旋繞, 下沉, 回復**

**1&2,3,4**

**R sailor-step 1/4 turn R (6:00), step fwd L, sweep R.**

**右轉90度水手步(6點鐘), 左足前踏, 右足旋繞至前**

**5-8**

**Step fwd R, sweep L, rock fwd L, recover.**

**右足前踏, 左足旋繞至前, 左足前下沉, 右足回復**

**第六段**

**ROCK. RECOVER. STEP. TURN 1/2. STEP. TOUCH. WALK. WALK.**

**下沉, 回復, 踏, 轉1/2, 踏, 點, 走, 走**

**1-4**

**Rock back L, recover, step fwd L, pivot 1/2 R (12:00).**

**左足後下沉, 右足回復, 左足前下沉, 右轉180度(12點鐘)**

**5-8**

**Step fwd L, touch R beside L, walk fwd R, walk fwd L.**

**左足前踏, 右足併點, 右走步, 左走步**

**\*\* RESTART point DURING wall3  第三面牆從頭起跳**

**第七段**

**ROCK. RECOVER. COASTER-CROSS. SIDE-ROCK. RECOVER. BEHIND. TURN. STEP.下沉, 回復, 交叉海岸步, 側-下沉, 回復, 後, 轉, 踏**

**1,2,3&4**

**Rock fwd R, recover, R coaster-cross.**

**右足前下沉, 左足回復, 右足交叉海岸步**

**5,6,7&8**

**Rock L to side, recover, step L behind R, 1/4 turn R (3:00) step fwd R, step fwd L.**

**左足左下沉, 右足回復, 左足於右足後踏, 右轉90度(3點鐘)**

**右足前踏, 左足前踏**

**第八段**

**KICK-BALL-POINT. KICK-BALL-POINT. TOE. UN-WIND. WALK. WALK.**

**踢交換點, 踢交換點, 趾, 旋繞, 走, 走**

**1&2,3&4**

**R kick-ball-point, L kick-ball-point.**

**右足踢交換點, 左足踢交換點**

**5-8**

**Touch R toe over L, un-wind 3/4 turn L (6:00 leaving weight on L), walk fwd R, walk fwd L.**

**右足趾於左足前點, 左旋繞270度(6點鐘重心在左足), 右足前走, 左足前走**

**TAG**

**ROCK, RECOVER, ROCK, RECOVER. (Tag on the end of wall 2 only)**

**下沉, 回復, 下沉, 回復(在第二面牆加拍)**

**1-4**

**Rock fwd R, recover, rock back R, recover (rocking-chair).**

**右足前下沉, 左足回復, 右足後下沉, 左足回復(搖椅歩)**