|  |  |
| --- | --- |
| Overloading |  |

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| . |
| **Count:** | 64 | **Wall:** | 2 | **Level:** | Intermediate | . |
| **Choreographer:** | Gary O'Reilly (IRE) - January 2016 |
| **Music:** | Overload - Life Of Dillon : (Single Version - iTunes) |
| . |

**#48 count intro starting on lyrics**

**Section 1: Heel Grind, Ball Cross Side, Behind, Side, Cross, Side Rock**

|  |  |
| --- | --- |
| 1 2 | Grind right heel across left (1), step left to left side (2) |

|  |  |
| --- | --- |
| & 3 4 | Step right next to left (&), cross left over right (3), step right to right side (4) |

|  |  |
| --- | --- |
| 5 & 6 | Cross left behind right (5), step right to right side (&), cross left over right (6) |

|  |  |
| --- | --- |
| 7 8 | Rock right to right side (7), recover on left (8) (12:00) |

**Section 2: Cross Shuffle, ¼, ¼, Cross Rock, Chasse ¼**

|  |  |
| --- | --- |
| 1 & 2 | Cross right over left (1), step left to left side (&), cross right over left (2) |

|  |  |
| --- | --- |
| 3 4 | Turn ¼ right stepping back on left (3), turn ¼ right stepping right to right side (4) (6:00) |

|  |  |
| --- | --- |
| 5 6 | Cross rock left over right (5), recover back on right (6) |

|  |  |
| --- | --- |
| 7 & 8 | Step left to left side (7), step right next to L (&), turn ¼ left stepping forward on left (8) (3:00) |

**Section 3: ½, Back, Coaster Step, Walk, Walk, Out Out, Back**

|  |  |
| --- | --- |
| 1 2 | Turn ½ left walking back right (1), walk back left (2) |

|  |  |
| --- | --- |
| 3 & 4 | Step back on right (3), step L next to R (&), step forward on R (4) |

|  |  |
| --- | --- |
| 5 6 | Walk forward left (5), walk forward right (6) |

|  |  |
| --- | --- |
| & 7 8 | Step left out to left side (&), step right out to right side (7), walk back on left (8) (9:00) |

**Section 4: Back, Coaster Step, Walk, Rock Recover, ¼ Chasse**

|  |  |
| --- | --- |
| 1 | Walk back right (1) |

|  |  |
| --- | --- |
| 2 & 3 | Step back on left (2), step right next to left (&), step forward left (3) |

|  |  |
| --- | --- |
| 4 | Walk forward right (4) |

|  |  |
| --- | --- |
| 5 6 | Rock forward on left (5), recover back on right (6) |

|  |  |
| --- | --- |
| 7 & 8 | Turn ¼ left stepping left to left side (7), step right next to left (&), step left to left side (8) (6:00) |

**Section 5: Cross, Side, R Sailor Heel Ball Cross, Hold, Side, Behind, Side, Cross**

|  |  |
| --- | --- |
| 1 2 | Cross right over left (1), step left to left side (2) |

|  |  |
| --- | --- |
| 3 & 4 | Cross step right behind left (3), step left to left side (&), dig right heel forward diagonally right (4) |

|  |  |
| --- | --- |
| & 5 6 | Step right next to left (&), cross left over right (5), Hold (6) |

|  |  |
| --- | --- |
| &7&8 | Step right to right side (&), cross left behind right (7), step right to right side (&), cross left over right (8) |

**Section 6: Side Rock, Sailor Step, Behind, Unwind, Pivot ½**

|  |  |
| --- | --- |
| 1 2 | Rock right to right side (1), recover on left (2) |

|  |  |
| --- | --- |
| 3 & 4 | Cross step right behind left (3), step left to left side (&), step right to right side (4) |

|  |  |
| --- | --- |
| 5 6 | Touch left toe back (5), unwind ½ over left shoulder weight ending on left (6) (12:00) |

|  |  |
| --- | --- |
| 7 8 | Step forward right (7), ½ pivot left (8) (6:00)\*RESTART |

**\*Restart here during Wall 3 (facing 6:00)**

**Section 7: Cross, Side Rock, Cross, Point, Jazz ¼ Cross**

|  |  |
| --- | --- |
| 1 & 2 | Cross right over left (1), rock left to left side (&), recover on right (2) |

|  |  |
| --- | --- |
| 3 4 | Cross left over right (3), point right to right side (4) |

|  |  |
| --- | --- |
| 5 6 | Cross right over left (5), turn ¼ right stepping back on left (6) |

|  |  |
| --- | --- |
| 7 8 | Step right to right side (7), cross left over right (8) (9:00) |

**Section 8: Side Rock, Together, Side, Touch, ¼, Pivot ½, Walk**

|  |  |
| --- | --- |
| 1 2 | Rock right to right side (1), recover onto left (2) |

|  |  |
| --- | --- |
| & 3 4 | Step right next to left (&), step left to left side (3), touch right next to left (4) |

|  |  |
| --- | --- |
| 5 6 | Turn ¼ right stepping forward right (5), step forward left (6) (12:00) |

|  |  |
| --- | --- |
| 7 8 | ½ pivot right (7), walk forward left (8) (6:00)\*\* |

**\*\*TAG @ the end of wall 1 facing (6:00) & wall 4 facing (12:00)**

**Tag: Cross Rock, Side Rock**

|  |  |
| --- | --- |
| 1 2 | Cross rock right over left (1), recover on left (2) |

|  |  |
| --- | --- |
| 3 4 | Rock right to right side (3), recover on left (4) |

**Enjoy !**

**Contact: Email: oreillygary1@eircom.net - Phone: 00353 857819808**