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| Perpetual Now |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Beginner | . |
| **Choreographer:** | Inge Vestergård (DK) - February 2016 | | | | |
| **Music:** | Perpetual Now - Simon Lynge : (Album: The Absence Of Fear - 4:27) | | | | |
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**Intro: 32 count intro ( 15 sec. Into track). Start with weight on L foot.**

**Sec. 1: Chassé R, Back Rock, Extended Wine L**

|  |  |
| --- | --- |
| 1 & 2 | Step R to R side, Step L beside R, Step R to R side |

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| --- | --- |
| 3 - 4 | Rock back L, Recover R |

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| --- | --- |
| 5 – 8 | Step L to L side, Cross R behind L, Step L to l side, Cross R over L. |

**\* 8 count Tag here after Wall 4 facing 12.00 o’clock, then restart the dance.**

**Sec. 2: Side Rock, ¼ Turn R, Shuffle L Fwd, Rocking Chair**

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| 1 – 2 | Rock L to L side, ¼ Turn Stepping fwd on R (3.00) |

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| --- | --- |
| 3 & 4 | Step L fwd, Close R beside L, Step fwd on L |

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| --- | --- |
| 5 – 8 | Rock R fwd, Recover L, Rock R back, Recover L. |

**Sec. 3: Shuffle R Fwd, Rock Step , Shuffle ½ Turn L, Step, ¼ Turn L**

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| --- | --- |
| 1 & 2 | Step fwd R, Close L beside R, Step fwd R |

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| --- | --- |
| 3 – 4 | Rock fwd L, Recover R |

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| --- | --- |
| 5 & 6 | ½ turn L stepping fwd L, Close R beside L, Step fwd. L (9.00) |

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| --- | --- |
| 7 – 8 | Step fwd. R, ¼ turn Lweight on L (6.00) |

**Diagonal Toe Struts with Hip Bumps, Jazzbox ¼ Turn R**

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| --- | --- |
| 1 – 2 | Tap R Toe diagonal in front of L with R Hipbump, Drop R Heel |

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| --- | --- |
| 3 – 4 | Tap L Toe diagonal L with L Hipbump, Drop L Heel |

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| --- | --- |
| 5 – 8 | Cross R over L, ¼ turn R stepping back on L, Step R to R side, Cross L over R (9.00) |

**\* Tag after Wall 4: Chassé R, Back Rock, Chassé L, Back Rock**

|  |  |
| --- | --- |
| 1 & 2 | Step R to R side, Step L beside R, Step R to R side |

|  |  |
| --- | --- |
| 3 - 4 | Rock back L, Recover R |

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| --- | --- |
| 5 & 6 | Step L to L side, Close R beside L, Step L to L side |

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| --- | --- |
| 7 – 8 | Rock back R, Recover L. |

**\*\* Ending on Wall 15 starting at 6 o'clock.**

**Dance the jazz box without the ¼ turn, and you will end the dance facing 12 O’clock**

**Contact: Inge Vestergård – mail: ingevestergaard56@gmail.com**