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| Poison Paradise (zh) |  |

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| **Count:** | 32 | **Wall:** | 4 | **Level:** | Intermediate | . |
| **Choreographer:** | Scott Blevins (USA) - 2007年09月 | | | | |
| **Music:** | Toxic (feat. Ol' Dirty Bastard & Tiggers) - Mark Ronson : (Clean Version) | | | | |
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**第一段**

**1,2**

**1) Point R foot to R side, bending L knee slightly; 2) Step R foot across and in front of L foot.  右足右點左膝略彎, 右足於左足前交叉踏**

**3&4**

**3) Rock L foot to L side; &) Recover to R foot; 4) Step L foot across and in front of R foot.  左足左下沉, 右足回復, 左足於右足前交叉踏**

**5,6**

**5) Make a 1/4 turn R Rocking forward on R foot (facing 3 O’clock); 6) Recover to L foot. 右轉90度右足前下沉(面向3點鐘), 左足回復**

**7&8**

**7) Make a 1/4 turn R stepping forward on R foot; &) Make a 1/2 turn R stepping back on L foot; 8) Make a 1/4 turn R stepping R foot to R side.**

**右轉90度右足前踏, 右轉180度左足後踏, 右轉90度右足右踏**

**(This triple step is traveling R and slightly back on a diagonal)**

**這三步轉圈會向右且略向後斜角轉動**

**第二段**

**1,2**

**1) Walk forward on L foot; 2) Walk forward on R foot.**

**左足前走, 右足前走**

**(This is the start of a 1/2 turn walk around to the L. You should be turning slightly left as you step on the R foot.)**

**準備開始要走步轉圈, 所以當右足前走時要略向左轉**

**3&4**

**3&4) Continue walking forward L-R-L to finish the half turn L. (facing 9 O’clock)  三前走左轉180度-左, 右, 左(面向9點鐘)**

**(These three steps are small steps NOT a shuffle!)**

**這三步是小走步, 但是不是交換步**

**5**

**5) Step R foot forward, toe out, prepping for R turn.**

**右足前踏, 左足趾左點準備右轉**

**6&7**

**6) Make a 1/2 turn R stepping back on L foot; &) Make a 1/2 turn R stepping forward on R foot; 7) Step forward on L foot.**

**右轉180度左足後踏, 右轉180度右足前踏, 左足前踏**

**8**

**8) Rock forward on R foot.  右足前下沉**

**第三段**

**&1,2**

**&) Recover to L foot; 1) Step R foot next to L foot pushing hips back; 2) Step forward on L foot.  左足回復, 右足併踏後推臀, 左足前踏**

**3&4**

**3) Rock forward on R foot; &) Recover to L foot; 4) Make a 1/4 turn R stepping R foot to R side.  右足前下沉, 左足回復, 右轉90度右足右踏**

**5,6**

**5) Step L foot across and in front of R foot; 6) Make a 1/2 turn R stepping R foot across and in front of L foot.**

**左足於右足前交叉踏, 右轉180度右足於左足前交叉踏**

**7&8**

**7) Make a 1/4 turn R stepping back on L foot; &) Take a small step back on R foot; 8) Step L foot back, locking over and in front of R foot.  右轉90度左足後踏, 右足後一大步, 左足於右足前鎖踏**

**第四段**

**1,2**

**1) Make a 1/4 turn R, rocking a large step to R side; 2) Recover to L foot.  右轉90度右足右一大步做右下沉, 左足回復**

**3&4**

**3) Make a 1/2 turn L stepping R foot to R side; &) Step L foot across and in front of R foot; 4)Rock a large step to R side.**

**左轉180度右足右踏, 左足於右足前交叉踏, 右足右一大步做下沉步**

**5,6**

**5) Recover to L foot; 6) Step forward on R foot.**

**左足回復, 右足前踏**

**7,8&**

**7) Pivot 1/2 turn L, taking weight on L; 8) Make a 1/4 turn L, stepping R foot to R side; &) Step L foot next to R foot. (facing 9 O’clock)**

**左軸轉180度重心在左足, 左轉90度右足右踏, 左足併踏(面向9點鐘)**