|  |  |
| --- | --- |
| No Stoppin' Us |  |

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| . |
| **Count:** | 32 | **Wall:** | 4 | **Level:** | Absolute Beginner | . |
| **Choreographer:** | Graham Mitchell (SCO) - April 2016 |
| **Music:** | Ain't No Stoppin' Us Now - McFadden & Whitehead : (Album: 80's Groove) |
| . |

**Alternative music : Baby likes to Rocket by The Tractors**

**Section 1: (1-8) RIGHT TOUCH, LEFT TOUCH, GRAPEVINE RIGHT TOUCH**

|  |  |
| --- | --- |
| 1-2 | Step Right to Right side, Touch Left beside Right |

|  |  |
| --- | --- |
| 3-4 | Step Left to Left side, Touch Right beside Left |

|  |  |
| --- | --- |
| 5-6 | Step Right to right side, Step Left behind Right |

|  |  |
| --- | --- |
| 7-8 | Step Right to right side, Touch Left beside Right |

**Section 2: (1-8) GRAPEVINE ¼ LEFT BRUSH, STEP BRUSH, STEP BRUSH**

|  |  |
| --- | --- |
| 1-2 | Step Left to Left side, Step Right behind Left |

|  |  |
| --- | --- |
| 3-4 | Step Left to left side making ¼ turn left, Brush right beside left |

|  |  |
| --- | --- |
| 5-6 | Step forward Right, Brush left beside Right |

|  |  |
| --- | --- |
| 7-8 | Step forward Left, Brush Right beside Left |

**Section 3: (1-8) RIGHT ROCKING CHAIR, SIDE TOGETHER SIDE TOUCH**

|  |  |
| --- | --- |
| 1-2 | Rock forward Right, Recover Left |

|  |  |
| --- | --- |
| 3-4 | Rock back Left, Recover Right |

|  |  |
| --- | --- |
| 5-6 | Step Right to right side, Step left beside Right |

|  |  |
| --- | --- |
| 7-8 | Step Right to right side, Touch Left beside Right |

**Section 4: (1-8) SIDE TOGETHER SIDE TOUCH, RIGHT ROCKING CHAIR**

|  |  |
| --- | --- |
| 1-2 | Step Left to left side, Step Right beside left |

|  |  |
| --- | --- |
| 3-4 | Step left to Left side, Touch Right beside Left |

|  |  |
| --- | --- |
| 5-6 | Rock forward Right, recover Left |

|  |  |
| --- | --- |
| 7-8 | Rock back Right, recover Left |

**Contact: gm.edin@btinternet.com**