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| Whenever You're Lonely (zh) |  |

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| **Count:** | 48 | **Wall:** | 2 | **Level:** | Intermediate/Advanced | . |
| **Choreographer:** | Andrew Palmer (UK) & Sheila Palmer (UK) - 2011年02月 | | | | |
| **Music:** | Run to Me - Raul Malo : (CD: You're Only Lonely) | | | | |
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**前奏： 8 Count Intro – Approx 11 Seconds. Start on Vocals**

**第一段**

**Side. Rock-Recover. Side. Rock-Recover. 1/4 Turn. Step-Lock-1/4 Turn. Rock-Recover**

**1-2&**

**Step side Right, rock Left behind Right, recover**

**右足右踏, 左足於右足後下沉, 右足回復**

**3-4&**

**Step side Left, rock Right behind Left, recover**

**左足左踏, 右足於左足後下沉, 左足回復**

**5**

**1/4 turn Left (9:00) step back on Right**

**左轉90度(面向9點鐘)右足後踏**

**6&7**

**Step back on Left, lock Right across Left, 1/4 Left (6:00) step fwd Left**

**左足後踏, 右足於左足前鎖踏, 左轉90度(面向6點鐘)左足前踏**

**8&**

**Rock fwd Right, recover  右足前下沉, 左足回復**

**第二段**

**Step. Sweep.Step. Sweep. Rock-Recover-1/4 Turn. Rock-Recover-1/4 Turn. Sailor-Half-Fwd**

**1&2&**

**Step back Right, sweep Left, step back Left, sweep Right**

**右足後踏, 左足繞, 左足後踏, 右足繞**

**3&4**

**Rock back Right, recover, 1/4 turn Left (3:00) step side Right**

**右足後下沉, 左足回復, 左轉90度(面向3點鐘)右足右踏**

**5&6**

**Rock back left, recover, 1/4 turn Right (6:00) step back Left**

**左足後下沉, 右足回復, 右轉90度(面向6點鐘)左足後踏**

**7&8&**

**Sailor-step 1/2 turn Right, step fwd Left**

**右180度轉水手, 左足前踏**

**第三段**

**Step. Pivot 1/4 Turn. Cross-Rock-1/4 Turn. Step-Pivot-1/2 Turn-Step. 1/4 Turn. 1/2 Turn. Step**

**1-2**

**Step fwd Right, pivot 1/4 turn Left (9:00)**

**右足前踏, 左軸轉90度(面向9點鐘)**

**3&4**

**Cross-rock Right over Left, recover, 1/4 turn Right (12:00) step fwd Right  右足於左足前交叉下沉, 左足回復, 右轉90度(12點鐘)右足前踏**

**5&6**

**Step fwd left, pivot 1/2 turn Right, (6:00), step fwd left**

**左足前踏, 右軸轉180度(面向6點鐘), 左足前踏**

**7&8**

**1/4 turn Left (3:00) step back Right, 1/2 turn Left (9:00) step fwd left, step fwd Right**

**左轉90度(3點鐘)右足後踏, 左轉180度(9點鐘)左足前踏, 右足前踏**

**第四段**

**Press. Kick. Lock-Step Back. Sway. Sway. Rock Behind-Recover-Side**

**1-2**

**Press fwd on Left, recover-kick**

**左足前壓踏, 右足回復左足踢**

**3&4**

**Lock-step back (L-R-L)  後鎖步-左, 右, 左**

**5-6**

**Sway Right, sway Left  右擺臀, 左擺臀**

**7&8**

**Rock Right behind Left, recover, step side Right**

**右足於左足後下沉, 左足回復, 右足右踏**

**第五段**

**Weave Right. Rock Behind-Recover-Side. Hold. Ball-Cross. Rock-Recover-1/4 Turn. Step**

**1&2&**

**Step Left behind Right, step side Right, step Left over Right, step side Right  左足於右足後踏, 右足右踏, 左足於右足前交叉踏, 右足右踏**

**3&4**

**Rock Left behind Right, recover, step side Left**

**左足於右足後下沉, 右足回復, 左足左踏**

**5&6**

**Hold, step ball of left beside Right, cross Right over left**

**候, 左足併踏, 右足於左足前交叉踏**

**7&8**

**Rock left to side, 1/4 turn Right (12:00) recover, step fwd Left**

**左足左下沉, 右轉90度(面向12點鐘)右足回復, 左足前踏**

**RESTART:DURING wall 4 (facing 6:00) restart the dance from count 1.**

**第四面牆(面向6點鐘), 從頭起跳**

**第六段**

**Press. Recover. Back. 1/2 Turn. Step. Rock. Recover. Rock Side-Recover-Cross**

**1-2**

**Press fwd Right, recover-kick**

**右足前壓踏, 左足回復右足踢**

**3&4**

**Step back Right, 1/2 turn Left (6:00) step fwd Left, step fwd Right**

**右足後踏, 左轉180度(面向6點鐘)左足前踏, 右足前踏**

**5-6**

**Rock fwd Left, recover  左足前下沉, 右足回復**

**7&8**

**Rock side left, recover, cross left over Right**

**左足左下沉, 右足回復, 左足於右足前交叉踏**